

Alterations in Colorectal Cancer Cell-extracellular Matrix Interactions
Upon Acquisition of Chemotherapy Resistance.

by

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Author's Declaration

I hereby declare that I am the sole author of this thesis. This is a true copy of my thesis, including any required final revisions, as accepted by my examiners.

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Abstract

Adjuvant chemotherapy is an essential component in the treatment of advanced colorectal cancer (CRC). Unfortunately, many patients experience recurrence with aggressive, chemotherapy-resistant disease for which the prognosis is poor and treatment options are limited. Understanding the changes that cancer cells undergo during the acquisition of a drug-resistant phenotype is therefore of critical importance in improving CRC patient outcomes. We chose to study resistance to the CRC chemotherapy agent, irinotecan, by first creating a CRC cell line that is highly resistant to its active metabolite (SN-38). In particular, we were interested in how SN-38 resistant CRC cells (HT-29S) were altered from parental, drug-sensitive CRC cells (HT-29) in their relationship with a feature of their microenvironment, the extracellular matrix (ECM). We found that HT-29S cells form a matrix composed of the ECM glycoprotein fibronectin when cultured as 3-dimensional spheroids, whereas HT-29 cells do not. The increase in fibronectin matrix deposition coincided with an increased fibronectin adhesive capacity of the SN-38-resistant cells, likely due to an increased expression of the integrin $\alpha 5$ subunit, which together with integrin $\beta 1$ forms the primary fibronectin receptor. Furthermore, we demonstrated an activation of a phosphoinositide-3-kinase (PI3K)/protein kinase B (Akt) pro-survival signalling pathway downstream of integrin $\alpha 5\beta 1$ ligation to fibronectin. Inhibition of this signalling pathway with the PI3K inhibitor LY294002 sensitized HT-29S cells to SN-38, but did not alter the response of the parental cell line to the chemotherapy agent. Finally, we have determined that HT-29S cells appear to undergo an epithelial to mesenchymal transition during the acquisition of chemotherapy resistance, and that this transition may be responsible for the upregulation of integrin $\alpha 5$ in the resistant population.

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Abbreviations

Acronym	Name
AFU	Arbitrary Fluorescence Units
AML	Acute Myeloid Leukemia
APC	7-ethyl-10-[4-N-(5-aminopentanoic acid)-1-piperidino]-carbonyloxycamptothecin
ATCC	American Type Culture Collection
BCL2	B-Cell Lymphoma 2 (gene)
Bcl-2	B-Cell Lymphoma 2 (protein)
BCRP	Breast Cancer Resistance Protein
bFGF	Basic Fibroblast Growth Factor
BSA	Bovine serum albumin
CAM-DR	Cell Adhesion-Mediated Drug Resistance
CaMK	Ca ²⁺ /Calmodulin-Dependent Protein Kinase
CDH17	Cadherin 17
cDNA	Complimentary DNA
CE	Carboxylesterase
CHO	Chinese Hamster Ovary
CRC	Colorectal cancer
CREB	cAMP Response Element Binding Protein
DAPI	2-(4-amidinophenyl)-1H-indole-6-carboxamide
DEPC	Diethylpyrocarbonate
DMEM	Dulbecco's Modified Eagle Medium
DMSO	Dimethyl sulfoxide
dNTP	Deoxynucleotide triphosphate
DTT	Dithiothreitol
ECM	Extracellular Matrix
EMT	Epithelial to Mesenchymal Transition
ER	Endoplasmic Reticulum
EtBr	Ethidium bromide
FAK	Focal Adhesion Kinase

FBS	Fetal bovine serum
FFPE	Formalin-Fixed, Paraffin-Embedded
FHRK	Forkhead Box Protein
GAPDH	Glyeraldehyde-3-phosphate dehydrogenase
gDNA	Genomic DNA
GSK3β	Glycogen Synthase Kinase 3 Beta
H&E	Hematoxylin and Eosin Y
HER2	Human Epidermal Growth Factor Receptor 2
HIF-1α	Hypoxia-Inducible Factor 1 α
HRP	Horseradish peroxidase
HUVEC	Human Umbilical Vein Endothelial Cells
<i>ITGA5</i>	Integrin α 5 (gene)
IV	Intravenous
<i>JUP</i>	Junction Plakoglobin (gene)
LDV	Leucine-Aspartic Acid-Valine
mAb	Monoclonal Antibody
MAPK	Mitogen-Activated Protein Kinase
MeOH	Methanol
M-MLV	Moloney Murine Leukemia Virus
MMP	Matrix Metalloproteinase
MRD	Minimal Residual Disease
MTT	3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide
MTX	Methotrexate
NF-κB	Nuclear Factor Kappa-Light-Chain-Enhancer of Activated B-cell
NPC	7-ethyl-10-[4-(1-piperidino)-1-amino]-carbonyloxycamptothecin
NTC	No Template Control
PAGE	Polyacrylamide Gel Electrophoresis
PBS	Phosphate-buffered saline
PCR	Polymerase chain reaction
PFA	Paraformaldehyde
P-gp	P-Glycoprotein

PK	Pharmacokinetic
PLL	Poly-L-lysine
PVDF	Polyvinylfluoridine
qRT-PCR	Quantitative Reverse Transcription Polymerase Chain Reaction
RGD	Arginine-Glycine-Aspartic Acid
RIE1	Rat Small Intestinal Epithelial Cell Line
RIPA	Radioimmunoprecipitation Assay
<i>RPL27</i>	Ribosomal Protein L27 (gene)
RPM	Revolutions per minute
RTK	Receptor Tyrosine Kinase
SCLC	Small Cell Lung Cancer
SDS	Sodium Dodecylsulfate
SEM	Standard Error of the Mean
Shc	Src Homology 2 Domain Containing Transforming Protein 1
SN-38	7-Ethyl-10-hydroxy-camptothecin
<i>SNAI1</i>	Snail Family Zinc Finger 1 (gene)
<i>SNAI2</i>	Snail Family Zinc Finger 2 (gene)
SRC-1	Steroid Receptor Coactivator 1
TBS-T	Tris-buffered saline, 0.1% tween-20
<i>TJP1</i>	Tight Junction Protein 1 (gene)
TNFα	Tumour Necrosis Factor Alpha
TopoI	Topoisomerase I
<i>TWIST1</i>	Twist-Related Protein 1 (gene)
uPA	Urokinase-type Plasminogen Activator
<i>VIM</i>	Vimentin (gene)
Wnt	Wingless Type
<i>ZEB1</i>	Zinc Finger E-Box Binding Homobox 1 (gene)
<i>ZEB2</i>	Zinc Finger E-Box Binding Homobox 2 (gene)
Zeb-2	Zinc Finger E-Box Binding Homobox 2 (protein)

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Chapter 1: Introduction

1.1 Colorectal Cancer

1.1.1 Background

Malignancies that originate in the epithelial cell layer of the colon or rectum are collectively known as colorectal cancers (CRCs). These cancers represent a significant disease burden as the most recent available data indicates that CRC is second only to lung cancers as a cause of cancer-related deaths among Canadians¹. This is partially due to the high prevalence of the disease, as CRC is the second and third most commonly diagnosed form of cancer in male and female Canadians respectively¹. A decline in the incidence and increase in relative survival has been observed for CRC in recent years, however these observations are generally attributed to improved screening for early-stage tumours rather than improved therapies¹. There is therefore a significant need for improvement at the treatment stage of CRC management.

1.1.2. Colorectal Cancer Therapy

The recommended treatment(s) for CRC is largely dependent upon the stage at which the disease is detected and diagnosed. Pre-cancerous polyps and very early stage tumours are often curable with surgical resection of the neoplasm, without any requirement for adjuvant (post-surgery) chemotherapy. However as the cancer progresses into a later stage, the addition of chemotherapy offers a potentially significant survival benefit, as has been demonstrated in a number of large-scale clinical trials at various stages and using different chemotherapy regimens²⁻⁶. The backbone of most CRC chemotherapy regimens is 5-fluorouracil (5-FU)⁷; a uracil analogue which has numerous activities, including inhibition of thymidylate synthase (TS) and incorporation into RNA (reviewed in ⁸). 5-FU is usually administered in combination with

leucovorin, which enhances the activity of 5-FU by increasing the available 5'-formyltetrahydrofolate within the cell⁸. Clinical trials have demonstrated a survival benefit in CRC patients treated with 5-FU, with or without leucovorin^{2,4,5}. Very advanced CRC patients are often treated with another chemotherapy agent, in addition to 5-FU and leucovorin, oxaliplatin⁷. Oxaliplatin is a platinum-based drug which is thought to form adducts with cellular DNA, causing lethal damage to the cell⁹. The addition of oxaliplatin to a CRC treatment regimen has been validated in several very large clinical trials to significantly improve patient survival^{10,11}. The third main chemotherapy agent used in treating CRC is irinotecan, a topoisomerase I (TopoI) inhibitor that has demonstrated efficacy in treating very advanced and metastatic CRC, including in patients for whom 5-FU has failed¹²⁻¹⁴. Chemotherapy may also provide a palliative benefit in patients with very advanced, disseminated disease where a curative approach is not feasible^{7,14-16}. Chemotherapy agents are therefore essential to adequately treat advanced, aggressive CRCs.

1.2 Irinotecan and Topoisomerase Inhibitors

1.2.1 Camptothecin Family

Irinotecan is a derivative of the natural product alkaloid camptothecin, which was originally isolated from the bark of the *Camptotheca acuminata* tree¹⁷. Camptothecin and its derivatives exert their anti-cancer effects

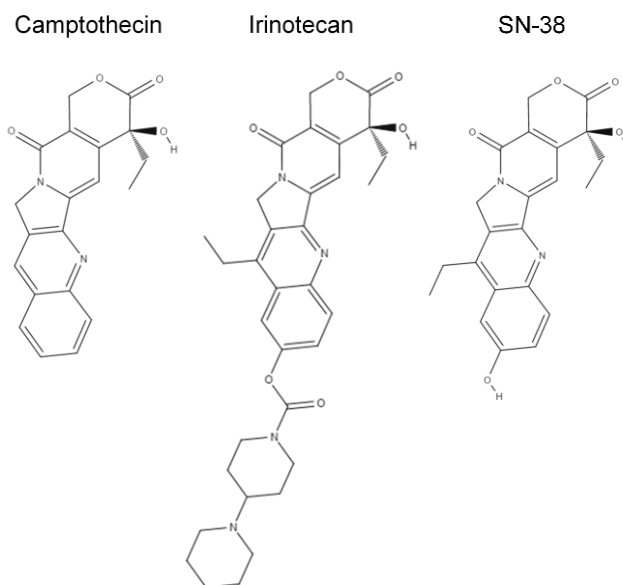


Figure 1.1: Camptothecin family of TopoI inhibitors.

The chemical structures of camptothecin, irinotecan, and SN-38 are shown above. Images were constructed using the open source web-based program MolView.

through inhibition of TopoI¹⁸. DNA transcription and replication require the separation of the two DNA strands, which introduces supercoiling into the molecule. TopoI enzymes are able to introduce single strand breaks into DNA, which allow unwinding to occur and relieve the supercoiling-induced strain. TopoI is then able to repair the DNA break it previously introduced¹⁹.

Camptothecin family members poison TopoI activity by stabilizing the TopoI-DNA interaction, forming a “cleavable complex” and preventing repair of TopoI-introduced single strand breaks¹⁸. During DNA synthesis, advancing replication forks collide with these trapped cleavable complexes and convert them into double strand DNA breaks, which is lethal to the cell²⁰⁻²². TopoI’s mechanism of action and inhibition by camptothecins is outlined in figure 1.2.

The dependence on DNA synthesis to generate DNA damage with camptothecin treatment is supported by observations that camptothecin treatment mostly targets cells in the S-phase of the cell cycle, and that the effects of camptothecins can be blocked by simultaneous treatment with inhibitors of DNA synthesis^{23,24}. More recent studies however have demonstrated that camptothecins are also capable of inducing apoptosis in quiescent, non-dividing cells such as neurons²⁵. This non-S-phase cytotoxicity likely involves camptothecin-mediated inhibition of transcription elongation, which has been previously observed²⁶ and is probably a result of a collision between trapped TopoI and RNA polymerase II on the template strand²⁷.

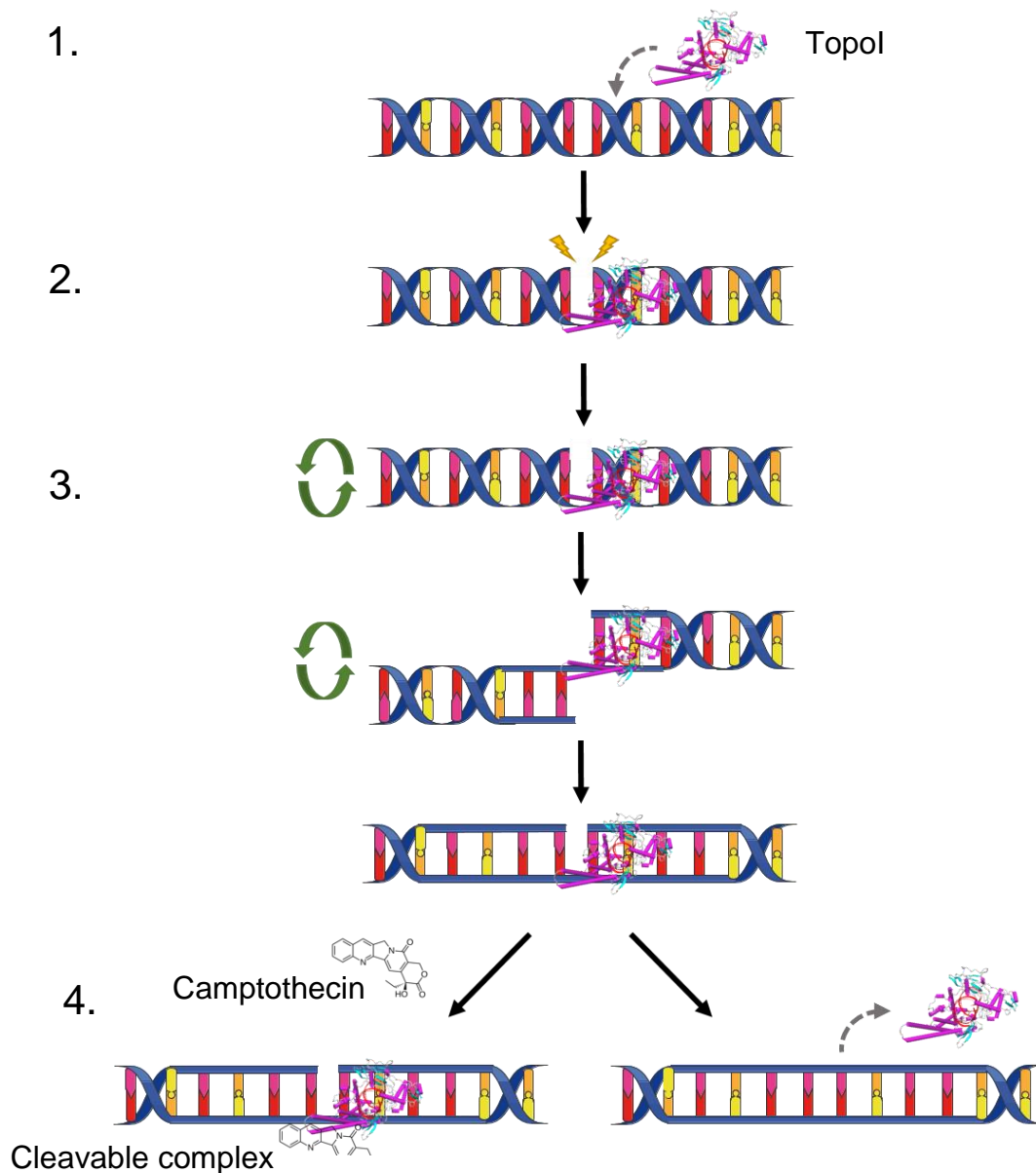


Figure 1.2: TopoI-mediated removal of torsional strain in DNA.

1. TopoI binds to DNA experiencing torsional strain during replication or transcription.
2. The TopoI enzyme introduces a single strand break in the DNA.
3. DNA rotates around the single strand break to unwind and relieve the torsional strain.
4. TopoI repairs the single strand break and separates from the DNA. Camptothecin blocks the repair and traps TopoI on the DNA.

These images are adapted from Servier Medical Art by Servier, licensed under CC BY 3.0. TopoI ribbon structure generated by the open source software MolView.

1.2.2. Use of Irinotecan in Colorectal Cancer Therapy

Camptothecin's development into an anti-cancer agent was unfortunately limited by its poor solubility and excessive toxicity (reviewed in ²⁸) and so derivatives of camptothecin were developed instead. One such derivative that retained camptothecin's powerful anti-cancer properties while being better tolerated and more soluble was the aforementioned CRC chemotherapy agent, irinotecan²⁹. Despite impressive activity against murine tumours, it was demonstrated that irinotecan had little direct anti-cancer activity; the *in vitro* half-maximal concentration (EC50) (i.e. the concentration of the compound that elicited a response halfway between the baseline and maximum possible response) of irinotecan was found to be >1000-fold that of camptothecin³⁰. However, incubating irinotecan in mouse serum or tissue homogenate resulted in the conversion of the drug to a metabolite, 7-ethyl-10-hydroxycamptothecin (SN-38) which showed anti-cancer effects of similar potency to camptothecin itself³⁰. Further studies confirmed the metabolism of irinotecan to SN-38 in human serum³¹, as well as identified its conversion within the liver³², small intestine (and to a lesser degree, the colon)³³, and even by select cancer cell lines³⁴ by carboxylesterase (CE) enzymes³⁵.

Irinotecan metabolism *in vivo* is complex. SN-38 is further metabolised within the liver by conjugation to a glucuronic acid moiety to form SN-38 glucuronide (SN-38G)³⁶⁻³⁸, a step which is believed to aid in detoxification and excretion of the drug³⁹. SN-38G may however be converted back to active SN-38 to a significant degree within the lumen of the ileum and colon by β -glucuronidases produced by the resident microflora⁴⁰. This reclaimed SN-38 appears to contribute to the toxic side effects of the drug, which centre around gastrointestinal distress involving diarrhea⁴⁰. Irinotecan may also be converted to two additional inactive derivatives by cytochrome P450 (CYP) enzymes in the liver, mostly CYP3A4. These derivatives are called 7-

ethyl-10-[4-N-(5-aminopentanoic acid)-1-piperidino] - carbonyloxycamptothecin (APC) and 7-ethyl-10-[4-(1-piperidino)-1-amino]-carbonyloxycamptothecin (NPC). SN-38, SN-38G, and irinotecan may all be excreted through the biliary system into the intestines by p-glycoprotein (P-Gp) and canalicular multispecific organic anion transporter (cMOAT) enzymes³⁵. Excretion of irinotecan and its metabolites mainly occurs in the feces, followed by the urine⁴¹. The *in vivo* metabolism of irinotecan as well as its major clearance routes are outlined in figure 1.3.

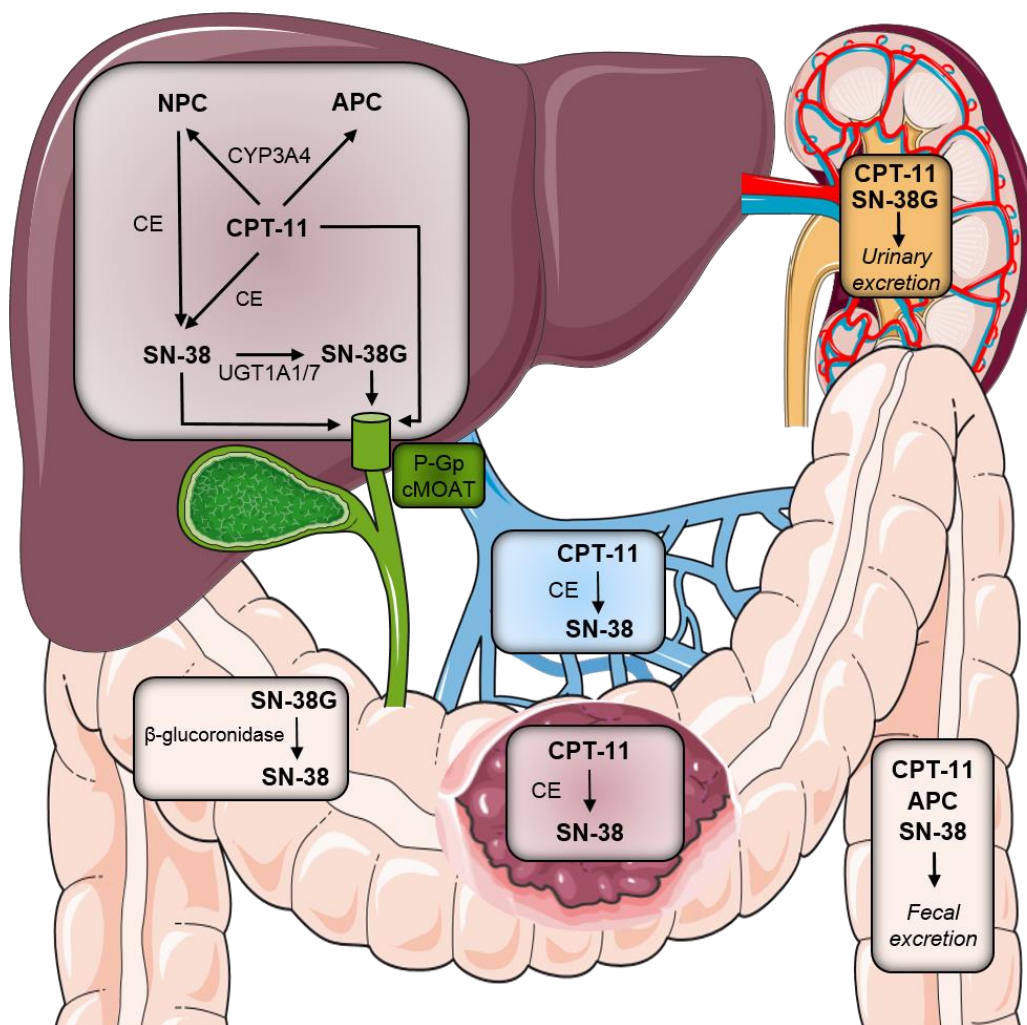


Figure 1.3: Irinotecan metabolism and excretion.

Pharmacokinetics of irinotecan (CPT-11) *in vivo* after intravenous administration. CPT-11 and its metabolites are shown in bold, clearance routes in italics, and proteins in normal font.

These images are adapted from Servier Medical Art by Servier, licensed under CC BY 3.0.

1.3 Chemotherapy Resistance

1.3.1 Common resistance mechanisms

Although chemotherapy has well-demonstrated benefits in the management of advanced CRC, these benefits typically only translate to a moderate improvement in survival. For example, the IMPACT study on 5-FU and leucovorin adjuvant chemotherapy in Dukes stage B and C CRC patients found that the chemotherapy-treated patients had a one-year survival of 83% versus 78% in the untreated group². A similar pattern can be observed for all available chemotherapy agents or regimens; survival may be improved but a substantial number of patients will still relapse or fail to respond to therapy. Even patients who experience a complete response as diagnosed by X-ray computed tomography (CT) or other imaging techniques often retain viable cancer cells at disease sites, called minimal residual disease⁴². These cells may remain dormant during chemotherapy and for a period time afterwards, but eventually (up to months or years later) awaken and proliferate, causing recurrent tumours that are often more resistant to chemotherapy⁴³. Furthermore, although chemotherapy improves survival of CRC patients, those who experience recurrence after chemotherapy face a worse prognosis than patients who were originally treated with surgery alone⁴⁴. The development of new [treatment options](#) to specifically target these resistant populations would substantially improve patient outcomes, and so there is a pressing need to understand the changes that occur within cancer cells upon achieving chemotherapy resistance.

One common mechanism for drug resistance in cancer cells is the upregulation of efflux pump proteins, such as P-gp encoded by the *MDR1* gene⁴⁵. P-gp and other efflux pumps are able to transport a wide variety of compounds from the cytosol to the extracellular space or into lysosomes, including some chemotherapy drugs^{45,46}. By removing a drug from the cell, efflux

pumps can block their activity and thus promote drug resistance. Evidence exists that efflux pump-mediated resistance is clinically relevant; an analysis of acute myeloid leukemia (AML) patients at the time of diagnosis and disease relapse found a gene-level upregulation of the breast cancer resistance protein (BCRP) efflux, occurred with disease progression⁴⁷.

Specific inhibitors of the various drug-efflux pumps have been developed in an attempt to improve patient response to chemotherapy, especially against refractory cancer. Despite promising pre-clinical data however, three successive generations of these inhibitors have failed to demonstrate a survival benefit for patients (reviewed in ⁴⁸). Among the possible explanations for the disappointing clinical performance of these inhibitors is that alternative drug-resistance programs are alternatively or concurrently active in these advanced, chemo-refractory cancers. The strong influence of the local microenvironment on a cancer cell's behaviour suggests that the microenvironment may be one of these alternative contributing factors to chemotherapy resistance, and so we examined the effects of the microenvironment on the behaviour of our SN-38-resistant CRC derivatives. We were particularly interested in one component of the tumour microenvironment: the extracellular matrix (ECM).

1.4 The Extracellular Matrix

1.4.1 Extracellular Matrix Background

ECMs are complex interwoven networks formed from a large and diverse family of proteins and proteoglycans (reviewed in ⁴⁹). ~~They~~ They contribute to many important connective tissues, including bone, basement membranes, cartilage, and interstitial tissues⁴⁹. There is a great deal of variety between the types of ECM proteins produced across metazoa, however every animal appears to produce at least a few ECM molecules. *Drosophila melanogaster* and *Caenorhabditis elegans*, for example, express the “core” basement membrane proteins type IV

collagen, laminin, entactin, and perlecan-type proteoglycans, but do not express the ECM glycoprotein fibronectin, which is found in humans and other vertebrates⁵⁰. Even sponges express some collagens and other ECM-associated proteins⁵¹, although these are apparently much simpler than the ECMs found in higher animals.

The traditional earlier view of the basement membrane and other ECMs in relation to cancer was that of a barrier against invasion and metastasis. While this is certainly one of the functions of the ECM that is relevant to the progression of the disease, it is becoming increasingly apparent that ECM proteins may have additional pro-cancer functions as well. The ECM glycoprotein fibronectin is an excellent example of this, as fibronectin upregulation in breast and colon cancers has been associated with disease progression, relapse, and poor overall survival⁵²⁻⁵⁴.

1.4.2 Fibronectin

Fibronectin was discovered as a fibroblast-derived protein in a pair of publications released in 1973, by Erkki Ruoslahti and Richard Hynes. The former demonstrated that chicken fibroblasts produced a surface antigen that was also remarkably abundant in the animal's serum⁵⁵, while the latter published a set of radiolabelling experiments identifying a large extracellular protein in hamster and human fibroblast cell lines⁵⁶. Fibronectin was at this point known by a variety of names, includes “large, extracellular, transformation-sensitive” (LETS) and “soluble fibroblast surface antigen” (SFA) but the precise nature of the protein was not well understood^{57,58}.

Electron microscopy and immunofluorescence experiments on the newly-discovered ECM protein revealed its fibrous nature⁵⁹, and a co-localization of these extracellular fibres with

actin microfilaments within the cytosol⁶⁰⁻⁶², suggesting a functional link between the two. This link was proposed to be an integral membrane protein connecting fibronectin fibrils and the actin cytoskeleton⁵⁸. It is now known that the integrin family of cell surface receptors establishes this link between fibronectin (along with other ECM proteins) and the cytoskeleton.

1.5 Integrin Family of Cell-Surface Receptors

1.5.1 Discovery of the Integrin Family

Several years after the discovery of fibronectin, it was demonstrated that a certain antibody against the “cell substrate attachment” (CSAT) antigen was capable of blocking the adhesion of cells to fibronectin and other ECM proteins⁶³. The CSAT antibody, when coated onto the wells of a tissue culture plate, was also capable of promoting adhesion of cells to the plate⁶³. This suggested that the CSAT antigen was not on the ECM proteins themselves but was instead a receptor expressed on the cell surface. This hypothesis was confirmed when the CSAT antigen was successfully cloned and demonstrated to be a transmembrane protein⁶⁴. The new protein was named “integrin” (now known as integrin β 1) to reflect its status as an integral membrane protein. Homologues of integrin had already been suggested and were very soon also cloned, starting with integrin β 2 from leukocytes and splenic tissue^{65,66}. Thus, the integrin superfamily of transmembrane ECM receptors was born.

1.5.2 Function of the Integrins

As integrins are the primary receptors for the various constituents of the ECM, it is not surprising to learn that they are also highly conserved across the metazoa. Genetic studies have demonstrated the existence of integrin homologues in drosophila, nematodes, coral, and sponges^{50,67}. Much like the limited repertoire of ECM components in these lower animals however, there are far fewer integrin family members in these organisms than are found in

mammals and other vertebrates; humans have 18 known integrin α subunits, compared to five in drosophila and only two in nematodes⁵⁰. Possible homologues to animal integrins have been detected in a protist species believed to be ancestral to animals and fungi, suggesting that integrins first developed in these species and were subsequently lost in fungi and other non-animal descendants⁶⁸.

It is now known that integrins function as are heterodimers formed from an α and β subunit; different combinations of subunits create distinct receptors with particular sets of ligands, tissue tropisms, and downstream functions^{69,70}. Integrin heterodimers not only anchor cells to particular ECM substrates, but also transduce information about the extracellular environment across the membrane to the interior of the cell, initiating intracellular signalling pathways and altering cellular behaviour.

1.5.3 Inside-out versus Outside-in Signalling

In contrast to the classical “outside-in” pathway, it is also possible for integrins to transmit information about a cell’s current state to the extracellular environment in a reversed, “inside-out” fashion. Intracellular events can “activate” an integrin dimer by introducing conformational changes that alter the affinity of the receptor for its ligands⁷¹. In the low affinity, inactive state, the β -subunit is tilted towards the α -subunit in a stable conformation maintained by intramembrane bonds between the two⁷¹. Activation of the integrin involves shifting of the β -subunit away from the α -subunit to form the high-affinity “active” receptor⁷¹. Certain adapter proteins that interact with the cytoplasmic tail of the β -integrins, such as talin or the various kindlin kinases, appear to be involved in the activation process as overexpression of these proteins can result in spontaneous integrin activation⁷²⁻⁷⁴. Inside-out signaling is important for many cellular events, such as leukocyte diapedesis in response to inflammation⁷⁵ (reviewed in ⁷⁶)

or response to DNA-damage induced by ionizing radiation or bacterial genotoxins⁷⁷. It is therefore important to remember that integrin activity may be as much of an expression as it is a determinant of a cell's behaviour.

1.5.4 Influence of Integrins on Cell Behaviour

As a highly conserved family of proteins with many different members, it is not surprising that integrins have important and far-reaching effects on cellular behaviour. These effects range from anchoring epithelial sheets to basement membranes, promoting the normal development of tissues, directing wound-healing in damaged tissues, and even controlling the migration of normally non-adherent cells such as leukocytes. Part of the reason for the wide variety of integrin functions is the large size of the family; mammals have 18 α and 8 β subunits forming 24 known heterodimers. Furthermore, any one of these heterodimers can have multiple ligands and effects on cell behaviour. As an example, integrin $\alpha 9\beta 1$ has been demonstrated to promote the differentiation of hematopoietic stem cells in response to cytokines⁷⁸, to coordinate embryonic lymphatic leaflet development in concert with a splice variant of fibronectin⁷⁹, to promote nitrous oxide formation that enhances cellular migration⁸⁰, and to support lymphocyte egress from lymph nodes under inflammation, without being expressed on the lymphocytes themselves⁸¹.

1.5.5 The Role of Integrins in Cancer

Many of the conventional functions of integrins, such as promoting cell migration or survival, are also functions that are frequently co-opted by a tumour to promote its own growth or to enable aid in metastasis. For example, both of the integrin receptors $\alpha 2\beta 1$ and $\alpha 5\beta 1$ can promote CRC metastasis to the liver through interactions with their ECM ligands, type IV collagen and fibronectin respectively⁸²⁻⁸⁴, and the $\alpha V\beta 3$ receptor for vitronectin has been

demonstrated to promote breast cancer invasion and metastasis *in vitro* and *in vivo*⁸⁵. However, integrin $\alpha V\beta 3$ also serves of an example of the anti-cancer roles this family can fulfill. Despite promoting metastasis, $\alpha V\beta 3$ can suppress cancer cell proliferation and tumour size, and its expression is repressed by the well-established pro-cancer MYC protein⁸⁵. Some integrins may act in opposition to each other, and in certain cases this is relevant for tumour progression. For example, integrin $\alpha 5\beta 1$ has been demonstrated to promote cancer cell invasion through secretion of various MMPs, including MMP1 and 9^{86,87}. This can be prevented however by the activity of another integrin receptor, $\alpha 4\beta 1$ which also binds fibronectin but at a separate site from $\alpha 5\beta 1$ ^{86,87}. Of the many pro and anti-cancer effects that may be mediated through integrins, the effect of integrin-ECM interactions on cell survival is of particular interest in cancer.

1.5.6 Cell Adhesion-mediated drug resistance

Integrin-ECM interactions may suppress a specialized form of apoptosis called anoikis, which occurs in epithelial cells that lose their normal attachments to the underlying basement membrane ECM⁸⁸. This function serves as a safeguard against cancer development; epithelial cells that detach from the basement membrane will normally undergo anoikis instead of settling and potentially expanding in a foreign tissue site. It is becoming increasingly clear however that the survival signals provided by an integrin-ECM interaction may be co-opted by cancerous cells to protect against other stressors, and many types of cancer have now been shown to resist cytotoxic chemotherapy when provided with the opportunity to form adhesions to ECM proteins. This co-opting of ECM-derived survival signals is known as cell adhesion-mediated drug resistance (CAM-DR). For example, small cell lung cancer (SCLC) cells provided with an exogenous source of the ECM proteins fibronectin or laminin show an increased resistance to a number of chemotherapy agents, including etoposide, cis-platinum, and doxorubicin, as well as

to ionizing radiation^{89,90}. This effect occurred through prevention of apoptosis induction by activation of a phosphoinositide-3-kinase (PI3K)/glycogen synthase kinase 3 beta (GSK3 β) pathway and was not achieved with poly-L-lysine, a non-ECM-derived adhesive substrate⁹⁰. Similarly, AML cells provided with exogenous fibronectin were more resistant to the chemotherapy drug daunorubicin through a PI3K/GSK3 β but not focal adhesion kinase (FAK) dependent pathway, an effect which was attributed to the α 5 β 1 and α 4 β 1 integrins⁹¹. Integrin α 4 β 1 may also contribute to cytosine arabinoside (AraC) resistance and minimal residual disease following therapy in AML patients by supporting survival of leukemic cells in the bone marrow stroma⁹². Stratifying AML patients by their α 4 β 1 status revealed that α 4 β 1-negative patients had a significantly better overall and disease-free survival than α 4 β 1 positive patients⁹². Adhesion of multiple myeloma cells to fibronectin promoted resistance to doxorubicin, and serial passage of myeloma cells in the presence of doxorubicin or the alkylating agent melphalan generated resistant derivatives to these drugs that had an enhanced expression of the integrin α 4, β 1, and β 7 subunits⁹³. Notably, the resistance programs in these cells did not appear to involve the drug pumps described in section 1.3.1, as there was no observed change in intracellular drug accumulation or efflux⁹³. Ovarian and breast cancer cells challenged with docetaxel were also able to partially resist the cytotoxic effects of the drug when allowed to adhere to fibronectin through activation of Akt and upregulation of the anti-apoptotic protein, survivin⁹⁴. However, the cellular receptor involved in mediating this effect was not identified by the study⁹⁴. Another series of experiments in ovarian cancer cells showed that knockdown of the β 1 integrin could enhance the anticancer effects of bevacizumab by suppressing a FAK/signal transducer and activator of transcription 1 (STAT1) signalling pathway⁹⁵. In this case however, the authors did not identify the α integrin subunit(s) or ECM components involved⁹⁵. Thus, while there is data

supporting CAM-DR as a powerful mode of chemotherapy resistance in several types of cancer, many studies have failed to fully identify the integrin subunits and ECM proteins involved. Furthermore, CAM-DR has often been studied in the context of transient, spontaneous resistance upon provision of exogenous ECMs, rather than as an acquired trait. The role of CAM-DR has also not been adequately studied for all types of cancer or chemotherapy agents, including CRC and irinotecan.

1.6 Integrin $\alpha 5$

1.6.1 Background

One integrin subunit that has recently garnered significant attention in cancer is $\alpha 5$, which forms a single known heterodimer in humans with the $\beta 1$ integrin subunit. The $\alpha 5\beta 1$ heterodimer is also known as the primary fibronectin receptor, and it interacts with fibronectin at an arginine-glycine-aspartic acid (RGD) motif present in the tenth type III repeat with relatively low affinity^{96,97}. Several other integrins are also able to bind this motif in fibronectin and other ECM proteins in a similar RGD-dependent manner, including αV , $\alpha 8$, and αIIb -containing heterodimers, although some other integrins known to bind fibronectin *in vivo* do so at a separate, non-RGD site within the glycoprotein (reviewed in⁹⁸). An example of this is $\alpha 4\beta 1$, which binds fibronectin at the C-terminal connecting segment 1 (CS-1) site to leucine-aspartic acid-valine (LDV) motif^{86,87,98}. Although $\alpha 5\beta 1$ is not unique in its ability to bind fibronectin, or even the domain which it binds to, its interaction with fibronectin is substantially different from most integrins. The $\alpha 5\beta 1$ receptor is (unlike other fibronectin-binding receptors such as $\alpha v\beta 1$ or $\alpha \beta 3$) able to construct a fibronectin matrix from soluble, folded-up fibronectin dimers⁹⁹⁻¹⁰². The conversion of fibronectin into a fibrous matrix by integrin $\alpha 5\beta 1$ requires the application of tension to unfold the soluble fibronectin dimers, and may be supported $\alpha V\beta 3$ “anchoring” the

cell via an interaction with another ECM protein, vitronectin¹⁰³. It has also been shown that the G-protein coupled receptors (GPCR) may be able to promote fibronectin matrix assembly via inside-out activation of integrin $\alpha 5\beta 1$ ¹⁰⁴. Normal colonic epithelial cells express abundant integrin $\alpha 5$, but the expression of this and other integrin subunits appear to be progressively lost along malignant transformation¹⁰⁵.

1.6.2 Anti-Cancer Effects of Integrin $\alpha 5\beta 1$

Like many of the integrins, the role of $\alpha 5\beta 1$ in cancer has been somewhat controversial or unclear. Ectopic expression of integrin $\alpha 5$ in the Chinese hamster ovary (CHO) cell line resulted in an increased accumulation of pericellular fibronectin as well as increased adhesive capacity for fibronectin, but seemingly at the cost of many pro-cancer characteristics¹⁰⁶. The transfected CHO cells proliferated at a lower rate, became growth arrested at lower cell densities, and were less capable of forming tumours when introduced into nude mice¹⁰⁶. Other studies have confirmed that the overexpression of integrin $\alpha 5$ in cancer cell lines can repress the malignant behaviours of these cells. Integrin $\alpha 5$ was found to be highly expressed in the non-metastatic 67NR breast cancer cell line, and poorly expressed by highly metastatic 4T1 breast cancer cells¹⁰⁷. Overexpression of integrin $\alpha 5$ in 4T1 reduces the migration, invasion, and pulmonary metastasis of these cells, and transfection of $\alpha 5$ into these cells results in G1/S checkpoint arrest¹⁰⁷. A similar suppression of cellular proliferation was observed by overexpression of integrin $\alpha 5$ in the CRC cell line HT-29, which does not usually express this subunit^{108,109}. Aggressiveness of the cancer seemed to also be attenuated with forced integrin $\alpha 5$ expression; a significantly higher inoculum of $\alpha 5$ -expressing HT-29 cells than parental cells were required to form tumours upon subcutaneous injection into nude mice, and the tumours that did form from $\alpha 5$ -expressing cells were much more well-differentiated¹⁰⁸. Interestingly, both of these studies

observed that many of the cancer-suppressing features associated forced integrin $\alpha 5$ expression could be reversed by allowing the cells to adhere to fibronectin^{108,109}. More recently and in line with these results, a mass spectrometry-based proteomic study of formalin-fixed, paraffin-embedded (FFPE) samples from 30 CRC patients at different stages demonstrated a decrease in integrin $\alpha 5$ expression during CRC progression¹¹⁰. Overall, there is a strong case for the anti-cancer effect of integrin $\alpha 5$.

1.6.3 Pro-Cancer Effects of Integrin $\alpha 5\beta 1$

In direct contrast to the preceding results, significant evidence has also accumulated in support of a pro-cancer role for the primary fibronectin receptor. Although reduction in integrin $\alpha 5$ expression has been observed by some studies during CRC progression, CRC cell lines stratified into groups by their aggressiveness show a substantial difference in integrin $\alpha 5$ expression with the highly-aggressive CRC cell lines expressing abundant integrin $\alpha 5$ ¹¹¹. It was also shown ectopic expression of integrin $\alpha 5$ in one of the less aggressive cell lines, GEO, caused it to become significantly more aggressive upon xenografting into nude mice¹¹¹. Importantly, the cell line HT-29, for which integrin $\alpha 5$ -mediated inhibition of proliferation and aggression was observed, was not included in this study. Recently, the pro-invasive effects of the transmembrane protease, serine 4 (TMPRSS4) in SW480 CRC cells has been demonstrated to be mediated through an upregulation of integrin $\alpha 5$ and increased signalling from the $\alpha 5\beta 1$ receptor¹¹². It was further demonstrated by immunohistochemistry studies of samples from 63 CRC patients that the expression of both integrin $\alpha 5$ and TMPRSS4 increased with CRC stage¹¹². Integrin $\alpha 5\beta 1$ has also been implicated to promote cancer by supporting the generation of new blood vessels within tumours in response to various pro-angiogenic factors including basic fibroblast growth factor (bFGF) or tumour necrosis factor alpha (TNF α)¹¹³. Another study using human placental

multipotent mesenchymal stromal cells (hPMSCs) differentiated into endothelial-like cells has demonstrated a role for integrin $\alpha 5\beta 1$ in angiogenesis through an interaction between the integrin heterodimer and fibronectin, promoting migration and capillary-like structure formation by these cells¹¹⁴. This is significant not only because angiogenesis is an essential process to tumour progression that is being targeted clinically, but also because it adds another consideration to the debate over $\alpha 5\beta 1$'s contribution to cancer progression. Many studies have focused on the effects of $\alpha 5\beta 1$ expression on the cancer cells themselves, neglecting the possibility that $\alpha 5\beta 1$ on endothelial cells of the tumour neovasculature contributes to cancer progression.

1.6.4 Integrin $\alpha 5$ as an Angiogenesis Target for Chemotherapy

While there is still some confusion over the precise role of integrin $\alpha 5\beta 1$ in cancer progression - whether it serves a pro- or anti-cancer function when expressed in the malignant cell itself - sufficient evidence exists of the fibronectin receptor's contribution to tumour angiogenesis to have warranted development of inhibitors targeting this receptor. A challenge in developing these inhibitors is that many integrin heterodimers recognize the same RGD motif in fibronectin and other ECM proteins as integrin $\alpha 5\beta 1$. However, a phage display strategy has been used to develop a cyclic peptide which binds integrin $\alpha 5$ with far greater affinity than other RGD-dependent integrins¹¹⁵. This peptide has been used to successfully inhibit tumour angiogenesis in the chick chorioallantoic membrane (CAM) *in vivo* model through inhibition of a fibronectin-integrin $\alpha 5\beta 1$ interaction¹¹⁶. Another non-RGD based peptide inhibitor of integrin $\alpha 5\beta 1$ called ATN-161 (Ac-PHSCN-NH₂), used in conjunction with 5-FU has been shown to reduce the expansion of liver metastases and improve survival in mice injected intrasplenically with CRC cells, apparently through an anti-angiogenic effect¹¹⁷. ATN-161 was also capable of inhibiting the proliferation of breast cancer cells introduced subcutaneously into mice, as well as

reducing the incidence and size of metastases¹¹⁸. These effects appeared to be due to the anti-angiogenic effect of the drug, as treatment with ATN-161 reduced the microvessel density within *in vivo* tumours but had no effect on the proliferation of the cancer cells *in vitro*¹¹⁸. Not all fibronectin receptor inhibitors are peptide-based; recently several monoclonal antibodies targeting this receptor have also been developed. One such agent is volociximab, a chimeric antibody based on the IIA1 mouse monoclonal antibody (mAb) targeting the intact $\alpha 5\beta 1$ heterodimer (but not either subunit alone)¹¹⁹. Volociximab or its Fab region alone are capable of blocking endothelial tube formation and inducing apoptosis in dividing but not senescent human umbilical vein endothelial cells (HUVEC) *in vitro*, and in preventing *in vivo* neovascularization in a cynomolgus model¹¹⁹. Phase I clinical trials of volociximab in several advanced, aggressive solid cancers have indicated the antibody is well-tolerated at doses up to 30 mg/kg, with pharmacokinetic (PK) data indicating that the trough drug concentration consistently remained above the target of 150 $\mu\text{g/mL}$ in patients treated with three week cycles of 20 or 30 mg/kg volociximab^{120,121}. Unfortunately, a phase II study of volociximab in highly aggressive, oxaliplatin-resistant ovarian or peritoneal cancers was terminated early due to a lack of response in the first 14 patients treated¹²². The drug was still well-tolerated however, and the authors suggest that studies of volociximab therapy in earlier stage disease or as part of a combination therapy is still warranted¹²². Another mAb targeting integrin $\alpha 5\beta 1$ has been developed by Pfizer, PF-04605412, however a recent phase I study of this antibody in solid cancers was terminated early due to adverse effects and insufficient drug exposure at the maximum tolerated dose¹²³.

1.6.5 Integrin $\alpha 5$ and Cell Stress

Most efforts towards integrin $\alpha 5\beta 1$ inhibitors for cancer therapy have focused on the angiogenic function of the heterodimer, however extensive evidence has suggested that integrin

$\alpha 5\beta 1$ can also suppress apoptosis in response to a diverse range of stressful situations a cell may face. For example, many cell lines are dependent *in vitro* on the inclusion of serum in their culture media; extended deprivation of these cell lines from serum results in cell death. It was discovered that ectopic expression of integrin $\alpha 5$ in HT-29, CHO, or a normal rat small intestinal cell line (RIE1) protects these cells from apoptosis induced by serum withdrawal¹²⁴⁻¹²⁶. This effect was promoted by an adhesion to fibronectin and appeared to be mediated by the anti-apoptotic B-cell lymphoma 2 (Bcl-2) protein^{125,126}. Importantly, this effect appeared to require the full cytoplasmic domain of integrin $\alpha 5$, and could not be achieved with a different fibronectin-binding integrin, $\alpha V\beta 1$ ^{125,126}. The protective effect of integrin $\alpha 5\beta 1$ expression was not specific to serum deprivation but could also defend the cell against treatment with various cytotoxic drugs, including staurosporine (a protein kinase inhibitor) and etoposide (a type II topoisomerase inhibitor)¹²⁶. A similar effect has been observed in breast cancer cells that upregulate integrin $\alpha 5$ expression dependent on the human epidermal growth factor receptor 2 (HER2) and hypoxia inducible factor 1 α (HIF-1 α)¹²⁷. The HER2 dependent upregulation of integrin $\alpha 5$ caused the cells to become more adhesive towards fibronectin and more resistant to a variety of insults, including serum withdrawal, hypoxia, and chemotherapy¹²⁷. It seems likely that the protective effect of integrin $\alpha 5\beta 1$, at least against chemotherapy, is mainly mediated by the upregulation of Bcl-2. This protein has been implicated in abrogating the cytotoxic effects of chemotherapy drugs like etoposide, methotrexate (MTX), or Ara-C in a wide range of cell types, including leukemia cells¹²⁸, B-cells¹²⁹, and the cervical cancer cell line HeLa¹³⁰. Because of its ability to promote cell survival during toxic insults, it may be possible for integrin $\alpha 5\beta 1$ to mediate an acquired CAM-DR program in CRC cells.

1.6.6 Integrin $\alpha 5$ Survival Signalling Pathways

Integrins are not receptor tyrosine kinases (RTKs) and do not possess intrinsic kinase activity themselves, but are still able to activate intracellular signalling pathways through the coupling of adapter proteins recruited to their cytoplasmic domains. The upregulation of Bcl-2 by $\alpha 5\beta 1$ ligation to fibronectin requires activation of the PI3K/Akt pathway^{126,131,132}. Activation of the adaptor protein Src homology 2 domain containing transforming protein 1 (Shc) and a Ras GTPase have also been demonstrated as essential for Bcl-2 expression downstream of integrin $\alpha 5\beta 1$ engagement and it has been suggested that these proteins are responsible for activating PI3K^{131,132}. Akt activated by PI3K in turn phosphorylates the transcription factors nuclear factor kappa-light-chain-enhancer of activated B-cells (NF- κ B), cAMP response element binding protein (CREB), and a forkhead box protein (FKHR)¹³¹. NF- κ B and CREB are activated by Akt and promote transcription from the *BCL2* gene, whereas phosphorylated FKHRs are inactive and unable to inhibit *BCL2* transcription¹³¹. The interaction between fibronectin and integrin $\alpha 5\beta 1$ further results in the activation of FAK, which is also required for Bcl-2 expression^{125,131,132}. FAK activation appears to act in parallel to the PI3K/Akt pathway, and integrin $\alpha 5\beta 1$ receptors with a truncated $\alpha 5$ cytoplasmic domain cannot activate FAK but retain phosphorylated Akt^{125,131}. Cell spreading upon adhesion to fibronectin has also been attributed to FAK¹²⁵ and may contribute to the activation of a third pathway downstream of the fibronectin-integrin $\alpha 5\beta 1$ interaction that promotes Bcl-2 expression; activation of the Ca²⁺/calmodulin-dependent protein kinase (CaMK) IV¹³¹. Activation of CaMK IV has previously been attributed to Ca²⁺ release

from the nucleus upon cell spreading¹³³ and in his system appears to activate NF- κ B and CREB alongside Akt¹³¹. These signalling pathways are outlined in figure 1.4 below.

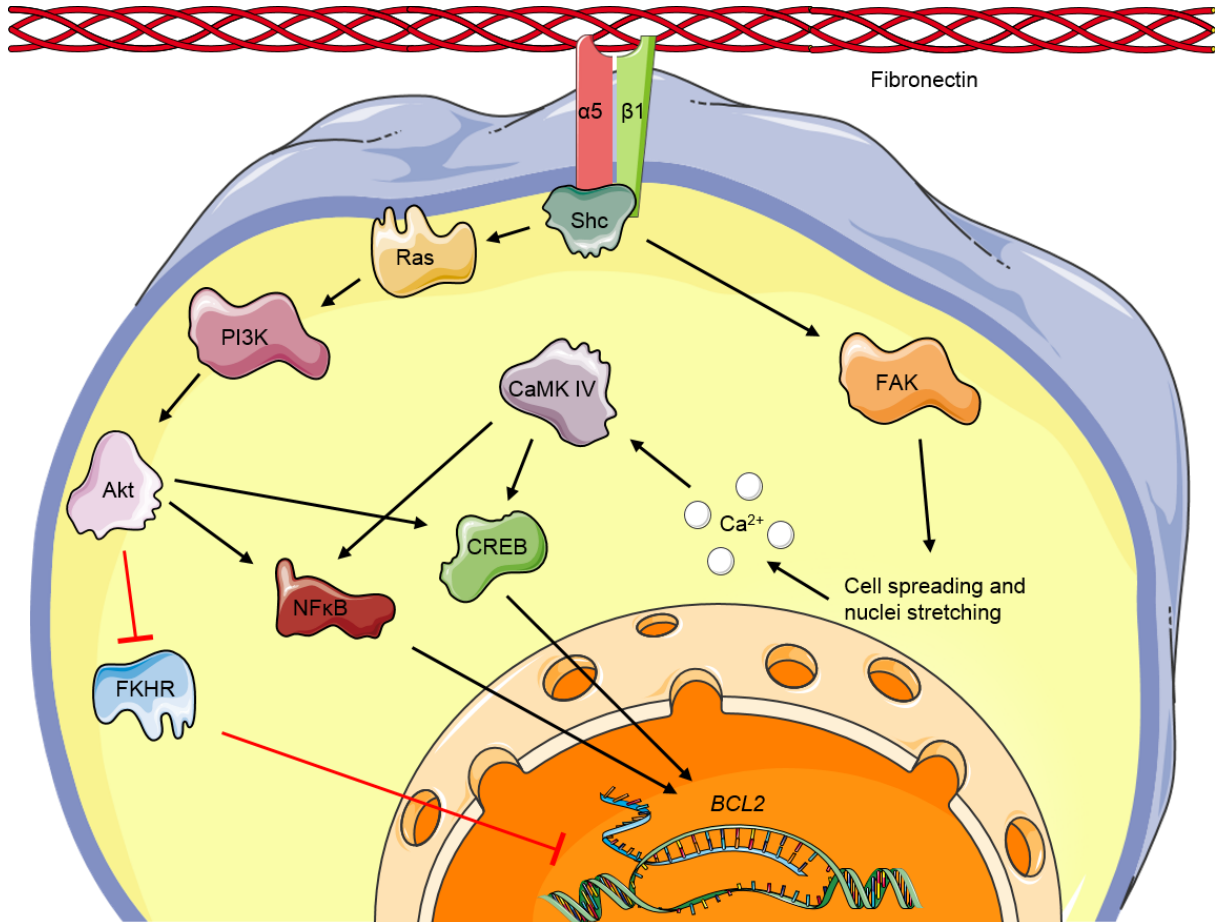


Figure 1.4: Fibronectin-integrin $\alpha 5 \beta 1$ pro-survival signalling.

The pro-survival pathway activated by engagement of the integrin $\alpha 5 \beta 1$ heterodimer with its ligand fibronectin, and terminating with expression of the *BCL2* gene. Black arrows represent activating signals while red lines represent inhibitory signals.

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1.7 Rationale of the Project

Cancer recurrence after chemotherapy represents a major issue in CRC management as it often coincides with a reduced response to chemotherapy and more aggressive disease. Understanding the mechanisms by which resistance occurs and the changes cancer cells experience during the acquisition of resistance is therefore a high priority in developing better treatment strategies and agents. As the extracellular environment and in particular the ECM are strong determinants of cancer cell behaviour and survival, we chose to study the consequences of altered cancer cell-ECM interactions in a CRC cell line (HT-29) upon attaining a high level of resistance to the chemotherapy active metabolite SN-38. We have generated an SN-38-resistant derivative of HT-29 for this purpose (HT-29S).

Chapter 2: Objectives and hypothesis

2.1 Hypothesis

HT-29S resistance to SN-38 is mediated by upregulation of integrin $\alpha 5$ and the subsequent activation of a fibronectin-integrin $\alpha 5\beta 1$ -PI3K pro-survival pathway that promotes the expression of *BCL2*.

2.2 Objectives

1. Identify alterations in HT-29 cell interactions with the ECM upon acquisition of SN-38 resistance.
2. Identify cellular receptors involved in altered ECM interactions.
3. Determine if alterations in ECM interactions contributes to the resistant status of these cells, and by which mechanism.

Chapter 3: Methods

3.1 Cell culture

3.1.1 Generation of an SN-38-Resistant Cell Line

We have previously generated a derivative of the HT-29 CRC cell line that is highly resistant to SN-38 through sequentially increasing exposure to the drug in culture media, as outlined in figure 3.1. We have named this resistant lineage “HT-29S”. Resistance in HT-29S is maintained by inclusion of 30 nM SN-38 in the media of stock cultures.

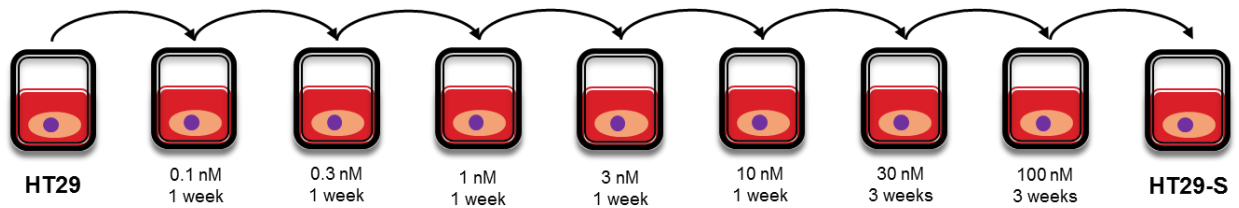


Figure 3.1: Generation of the HT-29S cell line.

Strategy for the development of the SN-38-resistant HT29-S cell line from parental HT-29 cells.

3.1.2 Routine Passaging

The CRC cell line HT29 and its SN-38-resistant derivative HT-29S were routinely grown in Nunc T25 cell culture flasks with filter caps (Thermo Scientific). Cells were cultured at 37°C in a humidified atmosphere of 5% CO₂, in Hyclone Dulbecco’s Modified Eagle Medium (DMEM, Thermo Scientific) containing 4 mM L-glutamine and 4500 mg/L L-glucose, 1 mM sodium pyruvate, and 10% fetal bovine serum (FBS). To maintain drug resistance, HT29-S cell medium included 30 nM SN-38 (Sigma Aldrich). Cultures approaching confluence were passaged after being released by incubation for several minutes at 37°C with 1 mL TrypLE Express (Life Technologies). 10-15% of the resulting suspension was seeded into fresh media in a new culture vessel.

3.2 Western Blot

3.2.1 Protein Collection

Western blots were performed on whole cell protein lysates collected from HT29 or HT29-S cells using radioimmunoprecipitation assay (RIPA) buffer [table A.1]. CRC cells were seeded into the desired culture vessel and grown to approximately 80% confluence. Cells were cultured normally (see section 2.1) unless specific treatment (e.g. with PI3K inhibitors) was required. In those cases, inhibitor-treated cells were cultured in parallel with vehicle-control cultures. Upon reaching the desired confluence, medium was aspirated and the cultures were rinsed twice with an equal volume of sterile ice-cold phosphate-buffered saline (PBS) [table A.2] to remove dead cells. RIPA buffer with added HALT protease/phosphatase inhibitor cocktail (Thermo Fisher Scientific) was applied to the cultures (1 mL for a T75 flask or 240 μ L per well for a 6-well plate). Cells were incubated with RIPA buffer for 30 minutes at 4°C with gentle agitation on a Rocker II model 260350 (Boekel Scientific). The resulting lysate was collected into a chilled 1.5 mL microcentrifuge tube. Complete lysis was ensured by passing the lysate through a 27 gauge needle with a 1 mL syringe several times. The lysate was subjected to one freeze-thaw cycle (-80°C to 4°C). Cell membranes were pelleted by centrifugation at 14 000 x g for 20 minutes at 4°C in a 5424R microcentrifuge (Eppendorf). The supernatant was collected and transferred to a fresh microcentrifuge tube. Protein content was determined by the Bradford assay (section 2.2.2).

For some experiments, protein lysates enriched for the cytosolic fraction were used instead of whole cell lysates. Protein samples from the nuclear and cytosolic compartments of CRC cells were collected using a nuclear extraction kit (Millipore, 2900), according to the manufacturer's directions. Cells were seeded and cultured in a T75 flask (Nunc) as described

previously, again to approximately 80% confluence. The media was then aspirated and the monolayer was rinsed with sterile ice-cold PBS. Cells were released by incubation with TrypLE for several minutes at 37°C. The resulting suspension was then passed through a 70 µm pore filter into a 50 mL Falcon tube (Corning). The culture vessel was rinsed twice with PBS, with each rinse being added to the 50 mL tube. Cells were pelleted by centrifuging the suspension at 400 x g for 5 minutes at 4°C in an Allegra X-22R centrifuge (Beckman Coulter). The supernatant was discarded, and the resulting cell pellet was rinsed twice by re-suspending in 40 mL cold PBS. Centrifugation at 400 x g for 5 minutes at 4°C was repeated. After the final wash, the cell pellet was re-suspended in 500 µL cold cytoplasmic lysis buffer by gentle inversion. The cell suspension was incubated on ice for 15 minutes. Cells were again pelleted by centrifugation at 400 x g for 5 minutes at 4°C. The supernatant was discarded, and the cells were re-suspended in 1 mL of fresh cold cytoplasmic lysis buffer. Lysis of the cytoplasmic membrane was achieved by passing the cells through a 27 gauge needle five times with a 1 mL syringe. The final ejection was into a clean 1.5 mL microcentrifuge tube. The lysed cell suspension was centrifuged at 8000 x g for 20 minutes at 4°C. The resulting supernatant, representing the cytosolic protein fraction, was collected into a new microcentrifuge tube and stored on ice. The resulting pellet contained the still-intact nuclei, which were gently re-suspended in 200 µL cold nuclear lysis buffer. Nuclear lysis was achieved by briefly pulsing the nuclear suspension five times with a probe sonicator. The lysed suspension was then incubated at 4°C with gentle agitation for 60 minutes, before centrifugation at 16 000 x g for 5 minutes at 4°C. The resulting supernatant contained the nuclear protein fraction, which was then transferred to a new 1.5 mL microcentrifuge tube and stored on ice. The protein concentrations of the collected nuclear and cytosolic fractions were

measured by the Bradford assay (section 2.2.2) before dispensing into appropriately-sized aliquots for long-term storage at -80°C.

3.2.2 Bradford Assay

The protein content of the collected protein samples was measured by the Bradford assay. A 96-well plate was loaded in triplicate with bovine serum albumin (BSA; Sigma Aldrich) standards in 20% RIPA buffer at concentrations of 0, 50, 125, 250, 375, 500, 750, and 1000 µg/mL. Protein samples were diluted 5-10 fold in MilliQ H₂O and 2-8 µL of samples were loaded in triplicate into adjacent wells on the same plate. At least two different volumes of each diluted sample was used, to improve the accuracy of the estimate. Two hundred microlitres of Bradford reagent (Coomassie Brilliant Blue G-250; Biorad) were added to each well and mixed by pipetting. Absorbance was measured at 595 nm on a M5 Spectramax spectrophotometer (Molecular devices). Protein concentrations were calculated from the standard curve generated by the known BSA standards.

3.2.3 SDS-PAGE

Proteins were separated based on molecular weight by sodium dodecyl sulphate (SDS) polyacrylamide gel electrophoresis (PAGE). Samples were prepared for SDS-PAGE by diluting all samples to an equal protein concentration in MilliQ H₂O, NuPAGE LDS sample buffer [Life Technologies, table A.3] and 50 mM (final) dithiothreitol (DTT). Diluted proteins were denatured by heating to 70°C for 10 minutes prior to loading into a 4% stacking/8% resolving polyacrylamide gel [tables 6.5 and 6.6]. Electrophoresis was performed in running buffer [table A.4] at 110V to separate the proteins by molecular weight. Separation was monitored by the migration of the phenol red and SERVA blue G250 dyes from the NuPAGE LDS sample buffer.

3.2.4 Electroblothing

The separated proteins were then transferred to a 0.2 μ M polyvinylfluoridine (PVDF) membrane (Biorad) using a Trans-Blot SD Semi-dry Transfer Cell (Biorad). In preparation for transfer, the polyacrylamide gels containing the separated proteins were equilibrated and desalted in transfer buffer [table A.7] for 15 minutes prior to transferring. Extra thick blot papers (Biorad) and PVDF membranes were pre-wetted prior to transfer with transfer buffer and methanol respectively. Transfer was performed for 45 minutes at 25 volts. PVDF membranes were subsequently subjected to immunolabelling to determine the abundance of specific proteins in each sample.

3.2.4 Immunolabelling

To block non-specific binding of antibodies, PVDF membranes were blocked in tris-buffered saline with tween-20 (TBS-T) [table A.8] and 5% skim milk for one hour at room temperature, with gentle agitation. At the end of the hour, the blocking solution was poured off and the membranes were rinsed once with TBS-T before applying 10 mL of primary antibody diluted 1:500 to 1:2000 in TBS-T 1% BSA. PVDF membranes were incubated with primary antibodies at 4°C overnight with gentle agitation. For very weakly expressed proteins (e.g. phosphorylated forms of kinases) incubation was extended to approximately 40 hours. At the end of the incubation period, the primary antibody solution were removed and stored at -20°C for re-use (up to 4 times). Unbound primary antibodies were removed by washing the PVDF membranes 5 times for 5 minutes with TBS-T at room temperature with gentle agitation. Ten millilitres of species-specific horseradish peroxidase (HRP) conjugated secondary antibodies diluted 1:1000 to 1:5000 in TBS-T 1% BSA were then applied for one hour at room temperature, or overnight at 4°C for weakly expressed proteins, with gentle agitation. At the end of this

period, secondary antibodies were removed and stored at -20°C for re-use, and the membranes were again washed 5 times for 5 minutes with TBS-T at room temperature with gentle agitation, to remove unbound secondary antibodies. Antibody-bound proteins were detected by chemiluminescence generated by the HRP-conjugated secondary antibodies. The substrate for this reaction was a 1:1 mixture of luminol and peroxide from a Clarity Western ECL Substrate kit (Biorad), applied to the membrane for 5 minutes at room temperature immediately prior to detection of luminescence on an Imaging Station 4000 mm Pro camera (Kodak).

Equal loading of protein samples was validated by detection of a housekeeping protein expected to be expressed at equal levels between different cell lines. For our purposes, glyceraldehyde-3 phosphate dehydrogenase (GAPDH) was used to verify equal loading. Subsequently to detection of the protein of interest, primary/secondary antibody complexes were stripped from the PVDF membrane by incubating with 7 mL of stripping buffer (Biorad) for 7 minutes at room temperature with gentle agitation. The membranes were rinsed once with TBS-T, and blocking with TBS-T 5% skim milk was repeated as described previously. HRP-conjugated anti-GAPDH diluted 1:2000 to 1:10 000 in TBS-T 1% BSA were applied to the membranes for one hour at room temperature with gentle agitation. At the end of this period, the antibody solutions were removed and stored at -20°C for re-use, and membranes were washed 5 times for 5 minutes with TBS-T at room temperature with gentle agitation. Detection of GAPDH expression was performed by chemiluminescence as described previously.

3.3 Polymerase Chain Reaction

3.3.1 RNA Extraction

RNA extraction from adherent cell lines was performed using a GenElute™ Total RNA Miniprep Kit (Sigma Aldrich). Cells were cultured in Nunc T25 flasks to approximately 70%

confluence in preparation of RNA collection. Beta-mercaptoethanol (Fisher) was added to the provided lysis solution as an inhibitor of endogenous RNase enzymes, to a final concentration of 1%. Lysis was performed directly in culture flasks by aspiration of culture medium and addition of 1 mL of the prepared lysis solution. The lysate was collected and centrifuged in a GenElute™ Filtration Column at 14 000 x g for 2 minutes to remove cellular debris and to shear the genomic DNA (gDNA). A volume of 70% ethanol equal to the lysate volume was then added to the supernatant to dissolve hydrophobic components, and the resulting solution was loaded into a GeneElute™ Binding Column for centrifugation at 14 000 x g for 15 seconds. During this step, RNA within the supernatant was retained by the packed silica filter of the binding column. The resulting supernatant was discarded. The column was then washed with 500 µL of the provided Wash Solution 1 by centrifugation at 14 000 x g for 15 seconds. The binding column was transferred to a new collection tube and washed with 500 µL of Wash Solution 2 (provided as a concentrate and diluted in 100% ethanol) at 14 000 x g for 15 seconds. The filtrate was discarded and an additional wash with 500 µL of wash solution 2 was performed at 14 000 x g for 2 minutes. The binding column with RNA retained within the filter was then transferred to a new collection tube. RNA was dissociated from the silica by applying 50 µL of the provided elution buffer and centrifuging the collection tube at 14 000 x g for 1 minute. Following elution, the RNA-containing solution was kept on ice to minimize degradation and loss of sample. RNA concentration was determined immediately following collection by measuring the absorbance of the sample at 260 nm using a NanoDrop® device. The purity was simultaneously assessed by the ratios of absorbance at 260 nm (RNA or DNA) to the absorbance at 280 nm (proteins) and 230 nm (organic solvents). Ratios >1.8 were considered to be acceptably pure, however with this protocol ratios >2 were usually attained. RNA was stored long-term at -80°C.

3.3.2 Reverse Transcription

All PCR experiments were performed in a 2-step protocol, which necessitated the transcription of complementary DNA (cDNA) from RNA samples prior to amplification by PCR. Reverse transcription reactions were set up in a dedicated PCR hood (AirClean 600 PCR Workstation) to minimize the risk of introducing exogenous genetic material or nuclease enzymes into the mix. For each sample, 2.5 µg of RNA was reverse transcribed in 50 µL reactions performed in triplicate. Additionally, for each sample a mock “no-RT” reaction was performed by excluding the reverse transcriptase enzyme, in order to assess the contribution of contaminating gDNA in PCR reactions. Reactions were set-up from two master mixes. The first contained equal volumes of 0.5 µg/µL oligo dT (Invitrogen) as a primer for mRNA reverse transcription and 10 nM deoxynucleotide triphosphates (dNTP; Invitrogen). Twenty microlitres of the second master mix was required per reaction, and consisted of 10 µL 5X first strand buffer (Invitrogen), 5 µL 0.1M DTT (Invitrogen), 2.5 µL recombinant ribonuclease inhibitor (RNase out; Life Technologies), and 2.5 µL Moloney murine leukemia virus (M-MLV; Life Technologies) reverse transcriptase. For the no-RT controls, a separate master mix 2 was prepared with the M-MLV reverse transcriptase replaced by diethylpyrocarbonate (DEPC; Life Technologies)-treated H₂O. A volume of each sample containing 2.5 µg RNA was added to a PCR reaction tube diluted in DEPC-treated H₂O to a final volume of 25 µL. Five microlitres of master mix 1 was then added to the tube. The reaction tubes were capped and transferred to a Techne Genius Thermocycler® to be incubated at 65°C for 5 min. The tubes were then chilled on ice for 15 seconds before adding 20 µL of master mix 2. Tubes were returned to the thermocycler and run at 37°C for 50 minutes followed by 70°C for 15 minutes. The final reaction contained cDNA at a concentration of 50 ng/µL RNA-equivalents, and was stored at -80°C.

3.3.3 Primer Design

Many of the primer pairs used to perform the polymerase chain reaction (PCR) experiments described here were newly designed. Primer design was assisted through the use of several openly-available online resources, including PrimerBLAST from the National Center for Biotechnology Information (NCBI), OligoAnalyzer from Integrated DNA Technologies (IDT), and in silico evaluations from RTPrimerDB. Primer pairs intended for use in quantitative reverse transcription PCR (qRT-PCR) formats were designed according to a very stringent set of characteristics to ensure high-efficiency amplification of target sequences, based on recommendations from commercial suppliers of qPCR reagents and equipment^{134–136}. The specifications used to guide the design of primer pairs are listed in table A.16. All primers were ordered from Life Technologies.

3.3.4 Endpoint PCR

To minimize the risk of contamination with exogenous genetic material or nuclease enzymes, all PCR reactions (endpoint and real-time) were set-up in a dedicated PCR hood (AirClean 600 PCR Workstation). For both endpoint and qRT-PCR reactions, a master mix was prepared for each pair of primers in nuclease-free 1.5 mL polypropylene tubes. For endpoint PCR reactions, master mixes consisted of 9.5 μ L nuclease-free H₂O, 0.5 μ L 10 μ M each of forward and reverse primers (final concentration of 200 nM each), and 12.5 μ L GoTaq Green Master Mix (Promega, contains *Taq* DNA polymerase, dNTPs, MgCl₂, reaction buffers, and loading dyes) per reaction. 23 μ L of master mix was loaded into PCR reaction tubes for each sample. Each reaction was then loaded with 2 μ L of sample cDNA (equivalent to 100 ng of total RNA). No template control (NTC) reactions were also performed using 2 μ L of nuclease-free H₂O in place of cDNA. The reaction tubes were then sealed and transferred to a Techne Genius

Thermocycler® to be run under the following cycling conditions: 94°C for 75s (initial denature) followed by 36 cycles of 94°C for 45s (denaturation), 65°C at 45s (annealing), and 72°C for 60s (extension), finishing with a 10 min hold at 72°C (final extension).

To visualize reaction products, 5 µL of each reaction was loaded into a 1% agarose gel containing 0.2 µg/mL ethidium bromide (EtBr). Electrophoresis was performed at 94 volts for 30 min, with progress monitored by the loading dyes present in the GoTaq master mix. Upon completion, gels were imaged on an AlphaImager HP gel imaging system (Alpha Innotech) for EtBr fluorescence stimulated by ultraviolet light.

3.3.5 qRT-PCR

SYBR-green based chemistry was used to quantitatively measure gene expression by qRT-PCR. However, prior to performing a qPCR reaction, all primer pairs to be used were validated for the production of a single amplicon of the correct length by endpoint PCR, as described in section 3.3.4. Similar to endpoint PCR experiments, qRT-PCR reactions were set-up in a dedicated PCR hood (AirClean 600 PCR Workstation) by preparing a master mix for each set of primers. Each master mix was composed of 12.5 µL 2X Brilliant II SYBR green master mix (Agilent; used for *BCL2*, *ITGA5*, and *ZEB2*) or 12.5 µL 2X GoTaq qPCR master mix (Promega; used for *JUP*, *SNAI1*, *SNAI2*, *TJPI*, *TWIST1*, *VIM*, and *ZEB1*), 0.5 µL each of 10 µM forward and reverse primers (final concentration of 200 nM), 0.25 µL reference dye (Rox for the Agilent master mix, CXR for the Promega master mix), and 6.25 µL nuclease-free H₂O (Promega) per qRT-PCR reaction to be performed. Reactions were performed in a 96-well semi-skirted qRT-PCR plates (Thermo Scientific) with 20 µL of master mix and 5 µL of cDNA diluted tenfold in nuclease-free H₂O (25 ng RNA-equivalents) per well. Each sample was assayed in triplicate and with no-RT mock reactions as a control against fluorescence signals

from contaminating exogenous or unsheared gDNA. Reactions were mixed by pipetting and sealed with a clear adhesive plate seals (Thermo Scientific). The sealed plate was then placed in a StepOnePlus Real-Time PCR System (Applied Biosystems) and run under the manufacturer-recommended cycling conditions: hot-start at 95°C for 2 minutes (Promega kit) or 10 minutes (Agilent kit) followed by 40 cycles of 95°C for 15 seconds (Promega kit) or 30 seconds (Agilent kit) (melting) then 60°C for 60 seconds (annealing and extension), with SYBR fluorescence read between every cycle. Immediately after all 40 cycles were completed, a melt curve was performed. StepOnePlus's associated software used the melt curve data to generate a derivative fluorescence versus temperature plot, which was used to confirm the absence of multiple amplification products or primer-dimer contributions to SYBR fluorescence.

Amplification data from the qRT-PCR reaction was exported from the StepOnePlus software into a Microsoft Excel file for further analysis. Raw, baseline-unadjusted fluorescence data was analyzed for reaction efficiency and failure to reach the plateau phase using the LinRegPCR software, validated and described elsewhere^{137,138}. For each reaction, a relative initial mRNA concentration (N_0) value (in arbitrary fluorescence units; AFU) was determined by LinRegPCR using the equation in figure 3.2.

$$N_0 = \frac{N_{Cq}}{\text{Eff}^{Cq}}$$

Figure 3.2: Calculation of initial mRNA abundance.

The initial abundance of a particular mRNA species was estimated from the fluorescence at the quantification cycle (N_{Cq}), the reaction efficiency (Eff), and the quantification cycle (C_q) number. This analysis was performed with the LinRegPCR software^{137,138}.

A threshold fluorescence value significantly above the fluorescence baseline was determined by LinRegPCR for each amplicon group, and the cycle at which a particular reaction achieved this fluorescence threshold was the C_q for that reaction. The fluorescence at C_q was the N_{C_q} , expressed in arbitrary fluorescence units (AFU). The efficiency of each individual reaction was determined by LinRegPCR through linear regression of the log fluorescence versus cycle number during the exponential phase of the reaction. A mean efficiency (Eff) was calculated for each amplicon group and used in the determination of N_0 .

3.4 Immunofluorescence

3.4.1 Monolayer Immunofluorescence

Expression and localization of proteins within CRC cells was performed by immunofluorescence on cells grown on Nunc Lab Tek II chamberslides (Thermo Scientific). Chamber slides were prepared a day in advance of seeding by applying 300 μ L of 10 μ g/mL poly-L-lysine (PLL; Sigma Aldrich) for 10 minutes at 37°C. PLL was then aspirated from the wells and chamber slides were left to dry overnight at 37°C. The following day, CRC cells were seeded into the wells of the chamber slide in 400 μ L DMEM 10% FBS and cultured normally. Media in HT29-S cell wells additionally included 30 nM SN-38 to maintain selective pressure for the drug-resistant population. Because of the slightly different growth rates of the HT29 and HT29-S cell lines, the initial seeding density was slightly higher for HT29-S; each well was seeded with 16 000 HT29 cells or 20 000 HT29-S cells. Upon attaining ~75-85% confluency (approximately 5 days), media were aspirated and cell monolayers were washed with cold PBS containing Ca^{2+} and Mg^{2+} . The monolayers were then fixed using one of two fixation methods depending upon the primary antibody. The first method involved applying methanol (MeOH) pre-chilled to -20°C to cells and allowing fixation to occur over a 15 minute period on ice.

Alternatively, cells were fixed using 200 μL of pre-warmed (to 37°C), freshly-prepared 3.7% paraformaldehyde (PFA; Sigma Aldrich), [table A.9] for 15 minutes at 37°C. At the end of the PFA incubation period, monolayers were washed once with PBS containing Ca^{2+} and Mg^{2+} before permeabilization of the cells with 200 μL of PBS containing Ca^{2+} and Mg^{2+} [table A.10], 1% Triton X-100 (Fisher) for 5 minutes at room temperature.

After the cells were fixed, 200 μL of 5% FBS in PBS containing Ca^{2+} and Mg^{2+} was applied to each well for 1 hour at room temperature, in order to block non-specific binding of primary antibodies. The blocking solution was then removed and 200 μL of primary antibody diluted in PBS containing Ca^{2+} and Mg^{2+} was applied to each well overnight at 4°C. At the end of this incubation period, primary antibody dilutions were removed and wells were washed 3 x 5 minutes with PBS containing Ca^{2+} and Mg^{2+} . Alexafluor fluorophore-conjugated secondary antibodies (see table A.14) directed against the host species of the primary antibodies, diluted in PBS containing Ca^{2+} and Mg^{2+} (2 $\mu\text{g}/\text{mL}$), were then applied to each well for one hour at room temperature. The secondary antibody solutions were removed and each well was again washed 3 x 5 minutes with PBS containing Ca^{2+} and Mg^{2+} . The plastic chambers were then carefully removed using the wedge tool provided by manufacturer. One drop of Fluoroshield aqueous gel mountant containing 1 $\mu\text{g}/\text{mL}$ 2-(4-amidinophenyl)-1H-indole-6-carboxamide (DAPI; Abcam) was applied to each well to counterstain cell nuclei and to mount a cover slip. Mountant was allowed to dry overnight at room temperature, protected from light. Fluorescence was detected on a Leica DM2000 light microscope with an ebq100 power supply. Images were taken using the QCapture Pro 5 software and Micropublisher 5.0 RTV camera (both from QImaging).

3.4.2 Spheroid Immunofluorescence

Spheroids were grown by seeding cells in 40 μ L DMEM 10% FBS (with 30 nM SN-38 for HT-29S) into each well of a 96-well hanging drop plate. The standard seeding density was 200 cells per well, however this was at times varied to yield spheroids of different sizes. Each cell line was seeded onto a separate plate to ease the collection of spheroids. Sterile MilliQ H₂O was loaded into the outer reservoir of the plates to maintain a high humidity within the plate, and the entire plate was covered in saran wrap to maintain humidity. Plates were cultured at 37°C, 5% CO₂ for 4-5 days. Each well yielded a single spheroid, and because a precise number of spheroids was not required for immunostaining, all of the spheroids from a single plate were collected simultaneously. The plates were carefully removed from the incubator, unwrapped, and the middle section of the plate (containing the spheroids) was carefully removed. The lid of the hanging-drop plate was inverted and held underneath the middle section. These sections were raised several inches above the biosafety cabinet surface and swiftly brought down to knock all of the spheroids out of the wells and onto the lid underneath. The lid was washed twice with 5 mL of cold sterile PBS, collecting both washes into a clean and sterile labeled 50 mL centrifuge tube. The tubes were allowed to chill on ice while spheroids settled to the bottom. Spheroids are large enough to be seen with the naked eye, so once it was apparent that all spheroids had settled, PBS was carefully poured off. The spheroids were gently re-suspended in cold PBS containing Ca²⁺ and Mg²⁺ (non-sterile) and transferred to a 1.5 mL microcentrifuge tube.

Immunofluorescence was performed on CRC spheroids using a modified approach from the method described in section 2.4.1. Fixation was performed with a volume of 500 μ L of 3.7 PFA or cold MeOH in microcentrifuge tubes. All washes were performed with 1 mL of cold PBS containing Ca²⁺ and Mg²⁺. Antibody dilutions and blocking solution was applied in 200 μ L

volumes. To remove washes or other solutions, microcentrifuge tubes were briefly pulsed on an SD 110 benchtop microcentrifuge (BioLynx) to pellet the spheroids, and the supernatant was poured off. At the end of the staining procedure, spheroids were re-suspended in 20-25 μL of Fluoroshield aqueous gel mountant containing 1 $\mu\text{g}/\text{mL}$ DAPI, applied to a glass slide, and covered with a 22 mm circular glass coverslip. Imaging was performed as described in section 2.4.1.

3.5 Adhesion Assay

Twenty-four well plates were coated with 500 μL per well of 5 $\mu\text{g}/\text{mL}$ bovine plasma fibronectin (Sigma Aldrich) in PBS overnight at 4°C. At the end of this period, the fibronectin solution was aspirated from the wells and 500 μL of serum-free DMEM containing 2% BSA was applied to each well for 10 minutes at room temperature, to block non-specific interactions. HT-29 and HT-29S cells cultured in a T25 flask were solubilized by incubation with 1 mL TrypLE. These cells were collected into 5 mL DMEM 10% FBS to inactivate the TrypLE enzyme, and spun down at 400 x g for 3 minutes at 4°C on an Allegra X-22R Centrifuge (Beckman Coulter). To remove serum, cells were washed twice by resuspension in 10 mL cold PBS, spinning down at 400 x g for 3 minutes at 4°C after each wash. After the second wash, cells were re-suspended in 5mL serum-free DMEM, and 500 μL of this suspension was diluted in PBS to a final volume of 10 mL. This dilute suspension of cells was counted on a Multisizer 4 Coulter Counter (Beckman Coulter) to obtain the concentration of cells in the original suspension. Both cell lines were diluted to a concentration of 100 000 cells/mL in serum-free DMEM. This suspension was aliquoted into two clean microcentrifuge tubes for each cell line. Glycine-arginine-glycine-aspartic acid-serine-proline (GRGDSP) or glycine-arginine-alanine-aspartic acid-serine-proline (GRADSP) (Millipore) peptides at a concentration of 10 mg/mL in MilliQ H₂O were diluted into

the microcentrifuge tubes to a final concentration of 100 $\mu\text{g}/\text{mL}$. Five-hundred microliters of each suspension was added, in triplicate, to the fibronectin-coated 24-well plate. The plate was gently shaken to ensure even distribution of the cells throughout each well. The plate was then returned to the 37°C incubator for approximately 2 hours, during which time cells were allowed to adhere to the immobilized fibronectin. At the end of this period, the plate was washed twice by gently inverting into cold PBS containing Ca^{2+} and Mg^{2+} for 10 minutes to remove non-adhered cells. The cells that remained adhered after washing were fixed and stained with hematoxylin and eosin Y (H&E), following the directions of section 2.6.

Following H&E staining, each well was divided into 9 equal according to the layout shown in figure 3.3, and an image was taken from the centres of each of those sections at 100X magnification on an Eclipse TE200 inverted microscope (Nikon). This very systematic approach to image acquisition was employed to minimize bias in data collection, as dispersion of adhered cells throughout a well was often highly variable. Cells within each field were counted using ImageJ's cell counter plugin.

3.6 Hematoxylin and Eosin Y Staining

A regressive H&E staining method using Harris' Hematoxylin (Sigma Aldrich) and 1% eosin Y (Sigma Aldrich) was employed to stain adherent CRC cells. After the final wash of the adhesion assay, the remaining cells were fixed in 500 μL of 3.7% PFA overnight at room

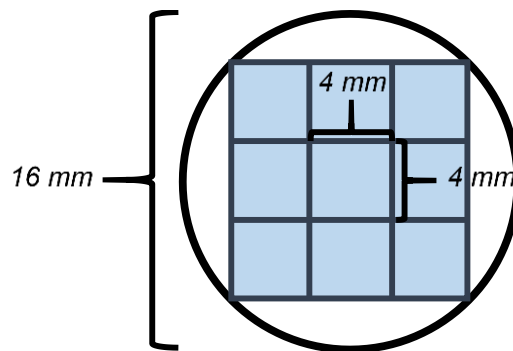


Figure 3.3: Adhesion assay well divisions.

Each well on an adhesion assay plate was divided into 9 separate fields following this layout.

temperature. The PFA was then aspirated and the plate was rinsed well with running tap water. 500 μL of Harris' Hematoxylin was applied each well for approximately 10 minutes at room temperature. The hematoxylin was recovered for reuse, and the plate was washed well with running tap water. Non-nuclear background staining by hematoxylin was removed by using a pipette to repeatedly apply and aspirated 500 μL of acid/alcohol [table A.11] to each well in turn for 5-10 seconds. Scot's Tap Water [table A.12] was then applied to every well at a volume at 500 μL until the cells were fully blue (approximately 5 minutes). Counterstaining was then performed by applying 500 μL of eosin Y to each well for approximately 10 minutes. Eosin Y was recovered for reuse, and each well was rinsed well with running tap water. Cells were then dehydrated through progressive rinses with 70%, 95%, and 2 x 100% ethanol. To obtain high-quality images of adhered cell morphology, wells were rinsed several times with soft tap water to remove dust before 500 μL of soft tap water was applied to rehydrate the fixed and stained cells.

3.7 Cellular Proliferation (MTT) Assay

The size of the viable cell population after challenge with chemical or environmental stressors was measured by the conversion of 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) by mitochondrial reductase enzymes to the 5-(4,5-dimethylthiazol-2-yl)-1,3-diphenylformazan (formazan). Cells were seeded in DMEM 10% FBS at the desired density in 96-well plates and incubated at 37°C, 5% CO₂ overnight. After allowing adhesion to the tissue culture plate, cells were challenged as desired (e.g. with drugs or serum deprivation) and cultured for at 37°C, 5% CO₂ for an assay-specific incubation period. At the end of this period, medium was aspirated and 100 μL of 0.5 mg/mL MTT in PBS containing Ca²⁺ and Mg²⁺ was applied. Cellular morphology was checked at this time. The plate was incubated with the MTT reagent at 37°C for 2-4 hours, during which time MTT was reduced to

formazan. The MTT reagent was then aspirated and the formazan crystals were dissolved in 100 μ L of dimethyl sulfoxide (DMSO) for 15 minutes at 37°C. At the end of the dissolution period, the samples were mixed by gentle pipetting and the absorbance was measured at 540 nm on a SpectraMax M5 Plate Reader. Background absorbance from blank control wells were performed alongside experimental wells to account for the background absorbance.

3.9 Statistical Analysis

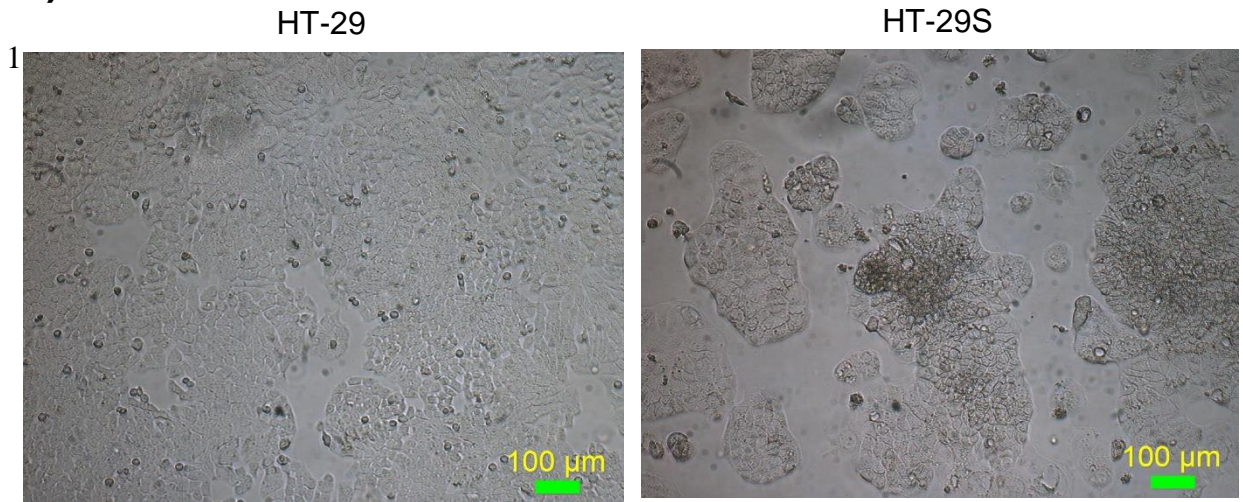
Analysis of the collected data was performed using GraphPad Prism 5 software. Comparisons for statistically significant differences between the HT-29 and HT-29S cell lines used the Mann-Whitney test, with $p < 0.05$ chosen as a threshold for statistically significant differences. An unpaired t-test was used instead of the Mann-Whitney test for analyzing the CRC cell nuclei diameter because of the large sample sizes in this assay. Adhesion assay data was analyzed by two-way analysis of variation (ANOVA), where peptide treatment and cell line were the variables. Statistically significant differences were determined by a Bonferroni post-test, with a threshold of $p < 0.05$ deemed to be significant. Non-linear regression and an extra sum of squares F test was performed on dose-response data to test for differences in IC50 values between treatment groups. A threshold of $p < 0.05$ was again chosen for statistical significance. Experiments were performed with a minimum of three independent biological replicates.

Chapter 4: Results

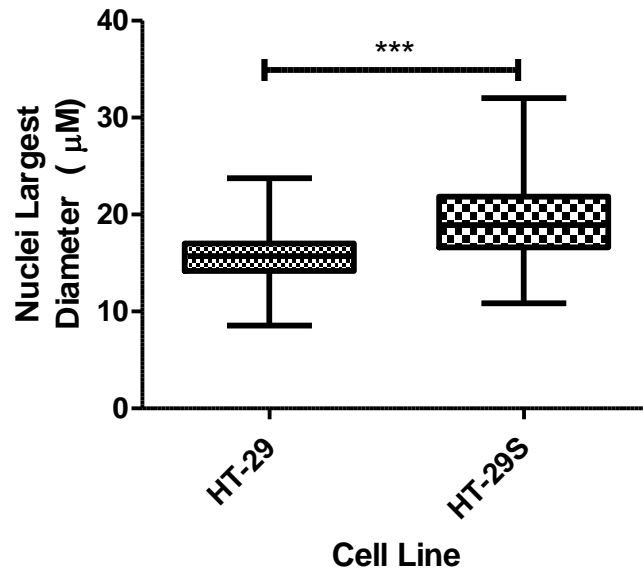
4.1 Morphology of an SN-38-Resistant HT-29 Derivative

Several distinct changes in cellular morphology and behaviour were apparent in HT-29S cells. First of all, the typical flat, cobblestone morphology of HT-29 cells grown in 2D culture conditions is disrupted in HT-29S cells. Even at low confluency, HT-29S cells will begin growing over top of each other, suggesting a loss of contact inhibition. With prolonged culture periods, these areas continue to grow upwards away from the plastic culture surface, forming long, firmly attached stalks of HT-29S cells called “nodules” [fig. 4.1 A)]. Immunofluorescence experiments revealed another interesting difference between these cell lines; the nuclei of HT-29S cells are significantly larger and more heterogeneous in diameter than those of HT-29 [fig. 4.1 B) and C), table 4.1].

A)



B)



C)

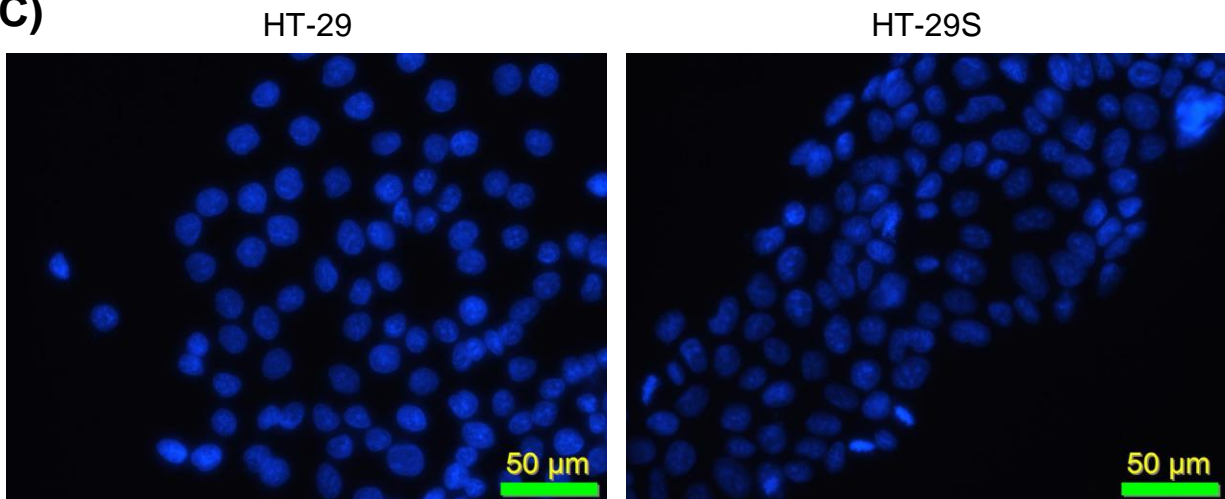


Figure 4.1: Morphological differences between HT-29 and HT29S.

- A) HT-29 and HT-29S cells were cultured in 2D culture conditions in T25 flasks (Nunc). Images were taken on a Motic AE21 inverted microscope.
- B) HT-29 and HT-29S were seeded, cultured, and fixed on Nunc chamber slides prior to staining DAPI and mounting. Nuclei were measured at their widest diameter by two blinded observers using the Q-Capture Pro7 software (QImaging). The presented results represent nuclei from six independent experiments.
- *** $p < 0.0001$ by the unpaired t-test.
- C) Sample images of nuclei from HT-29 and HT-29S used for the measurements taken in B). Nuclei are have been stained with DAPI. Images were taken on a Leica DM2000 fluorescent microscope using the Q-Capture Pro 7 software (QImaging) at 400X magnification.

Table 4.1: Cell nuclei measurement data

	HT-29	HT-29S
n	451	386
Mean Diameter (μm)	15.50	19.28
Median Diameter (μm)	15.71	18.93
Standard Deviation (μm)	2.189	3.831
Minimum (μm)	8.560	10.86
Maximum (μm)	23.76	32.02

4.2 HT-29S spheroids have an increased ability to form fibronectin matrices

We wished to determine the contribution of the tumour microenvironment ECM to the phenotypic changes that occur in HT-29S cells in culture upon acquisition of SN-38 resistance. We therefore performed immunofluorescence experiments against various ECM proteins on HT-29 and HT-29S cells. In a pilot experiment using 2D cultures of our CRC cell lines, we noticed that HT-29S nodules showed stronger fibronectin staining within their nodules as opposed to the surrounding monolayer (data not shown). We reasoned that the ECM may form a scaffold for the formation of the nodules, and therefore that the ECM may be more important in 3D conditions. Further immunofluorescence experiments were therefore performed on 3D CRC spheroids generated using the hanging drop culture method. Immunofluorescence experiments of these spheroids revealed HT-29 spheroids to be nearly absent of fibronectin staining [fig. 4.2 A)] HT-29S spheroids on the other hand showed a stronger, granular staining pattern for the ECM protein [fig. 4.2 A)]. In the middle of very large HT-29S spheroids, this granular staining pattern gave way to intense, fibrous staining for fibronectin [fig. 4.2 B)]. As can be seen in figure 4.2 B) using brightfield illumination, the area of the HT-29S spheroids from which the intense fibrous staining is produced is absent of any foreign material or apparent defect of the spheroid that could potentially cause artefactual fluorescence. Thus, it appears that these areas represent genuine fibronectin matrix formation.

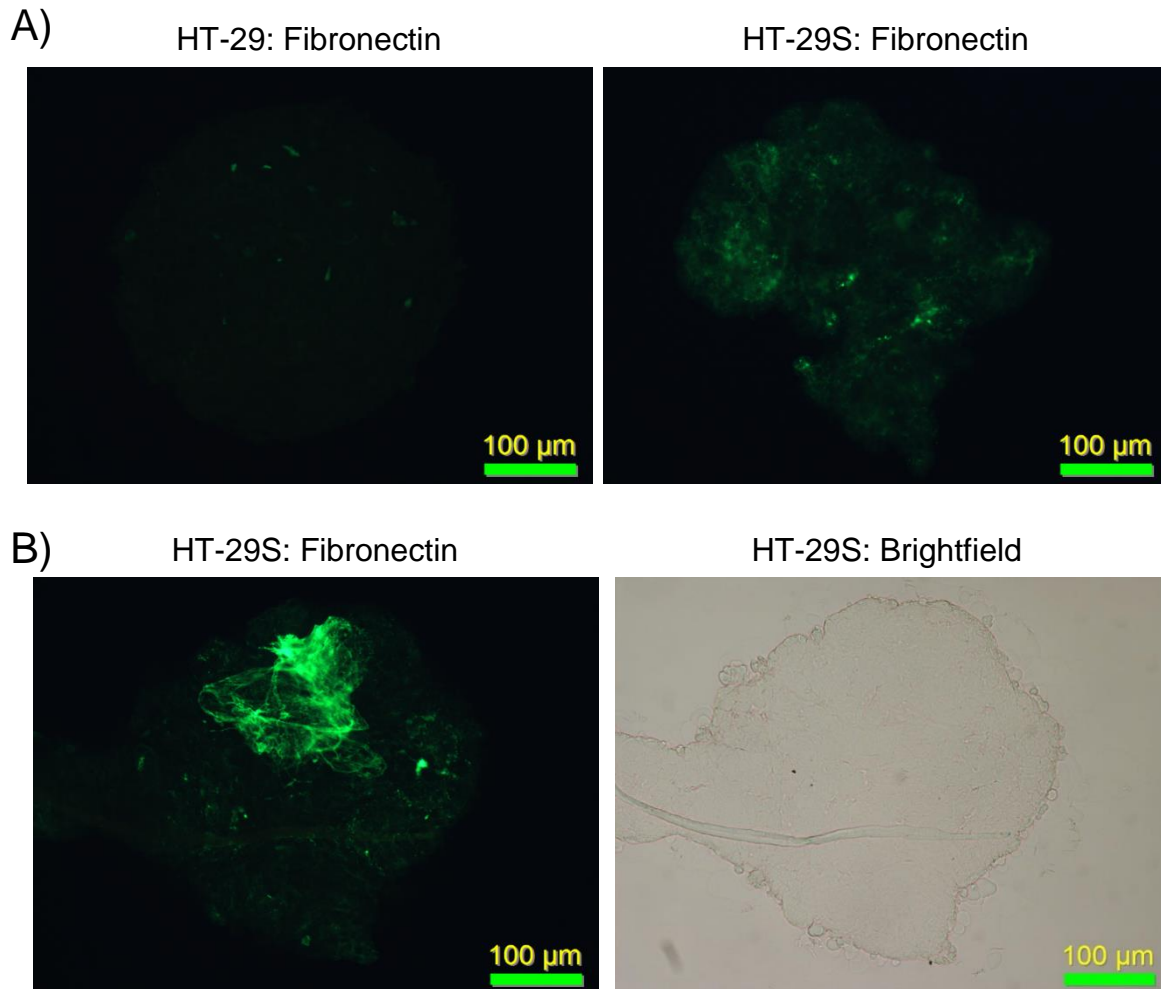


Figure 4.2: Fibronectin matrix formation in CRC spheroids.

HT-29 and HT-29S spheroids were grown by seeding CRC cells in hanging drop plates and culturing for several days at 37°C, 5% CO₂. Spheroids were collected and immunostained for fibronectin expression.

- A) Fibronectin expression and matrix formation in comparably sized HT-29 and HT-29S spheroids.
- B) Large HT-29S spheroid showing a fibrous staining pattern for fibronectin (left) and the corresponding brightfield image.

All images were taken on a Leica DM2000 microscope and QImaging Micropublisher 5.0 RTV camera using the QCapture Pro 7 Software (QImaging). Images are representative of four independent immunofluorescence experiments.

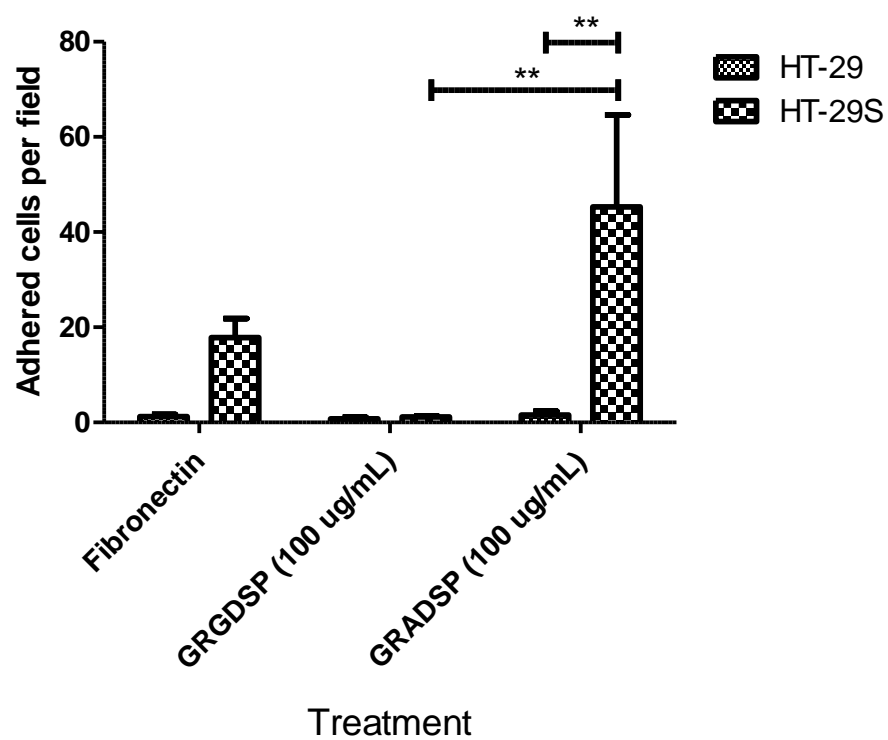
4.3 HT-29S cells have a strongly increased capacity for adhesion to immobilized fibronectin.

We wished to determine if the change in fibronectin deposition was related to a change in the ability of HT-29S to interact with the ECM glycoprotein. Adhesion assays were therefore performed to characterize the interaction between our CRC cells and immobilized fibronectin. CRC cells suspended in serum-free DMEM were allowed to adhere to fibronectin coated to a six-well plate over a 2-h period. Serum-free media was used in these experiments because fibronectin is abundant as a soluble dimer in serum and therefore could have interfered with the assay. A soluble GRGDSP peptide treatment group was included in the assay to test the RGD-dependence of any interaction between the CRC cells and fibronectin. The inactive peptide GRADSP was used as a control. At the end of the adhesion period, non-adhered or loosely-adhered cells were washed away and the remaining tightly-bound cells were fixed, stained, and counted. HT-29 cells showed almost no degree of adhesion in any of the conditions tested [fig. 3.4 A)]. In comparison, HT-29S cells showed a variable but higher degree of adhesion in the control and GRADSP-treated groups [fig. 4.3 A)]. Two-way ANOVA indicated that both the cell line ($p < 0.01$) and peptide treatments ($p < 0.05$) significantly influenced the number of adhered cells. Importantly, the inclusion of GRGDSP with HT-29S was sufficient to completely abolish adhesion to immobilized fibronectin, suggesting the interaction is RGD-dependent [fig. 4.3 A)]. The difference in adhesion between HT-29S cells treated with the GRGDSP and GRADSP peptides was statistically significant, as was the difference between HT-29 and HT-29S cells treated with the negative control peptide ($p < 0.01$).

There was also a significant difference in the morphology of adhered cells between HT-29 and HT-29S in this assay. The very small number of HT-29 cells that were retained at the end

of the adhesion period appeared small and spherical [fig. 4.3 B)], greatly resembling a cell that has been detached from its substratum. This suggests that these rare cells represent low affinity interactions with the plastic of fibronectin that were insufficient to trigger spreading HT-29S cells on the other hand appeared to have flattened out and produced long cellular extensions in the control and GRADSP-treated groups [fig. 4.3 B)]. This spreading morphology was lost upon treatment with the GRGDSP peptide; the few adhered HT-29S cells under these conditions appeared “rounded-up” and greatly resembled their HT-29 counterparts [fig. 4.3 B)].

A)



B)

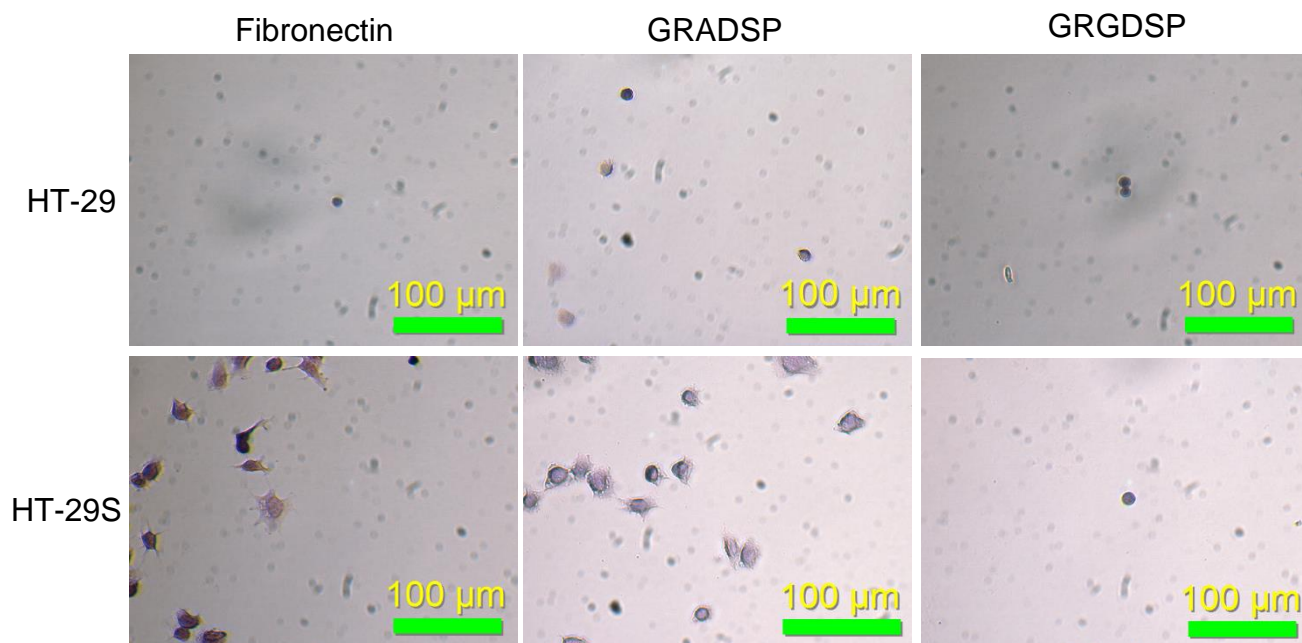


Figure 4.3: RGD-dependent adhesion of HT-29 and HT-29S cells to immobilized fibronectin.

- A) HT-29 and HT-29S cells suspended in serum-free DMEM were allowed to adhere to fibronectin coated onto a six-well plate over a period of two hours. Non-adhered cells were washed away and the remaining adhered cells were fixed with 3.7% PFA and stained with H&E. Nine images were taken per well at 100X magnification and the number of adhered cells per field was counted using ImageJ. The results presented here represent four independent experiments. Differences in adhesion between HT-29 and HT-29S were assessed by two-way ANOVA (Bonferroni post-test). ** $p < 0.01$.
- B) Representative images showing the morphology of adhered and stained HT29 and HT-29S cells, taken at 200X.

All images were taken on a Nikon Eclipse TE200 inverted microscope and a QImaging Micropublisher 5.0 RTV camera using the QCapture Pro 7 Software (QImaging).

4.4 Expression of the integrin $\alpha 5$ subunit is strongly increased in SN-38-resistant HT-29 cells.

The observation of increased fibronectin matrix assembly in HT-29S spheroids as well as the ability of the resistant cells to adhere to immobilized fibronectin in an RGD-dependent manner led us to explore the expression of various integrin subunits in the HT-29 and HT-29S cell lines. We focused on integrins which are known to dimerize to form fibronectin receptors, and were especially interested in those that do so in an-RGD dependent manner, such as integrin $\alpha 5\beta 1$ and $\alpha V\beta 3$. Integrin subunit expression was investigated at the protein level by SDS-PAGE and immunoblotting. The expression of integrin subunits $\alpha 9$, αV , $\beta 1$, $\beta 3$, and $\beta 5$ were all strongly reduced in HT-29S compared to HT-29 protein lysates [fig. 4.4 A)]. The reduction in $\beta 1$ expression is striking, as this is a common and major subunit that forms heterodimers with many different α integrins. Extensive exposure of integrin $\beta 1$ immunoblots reveals a faint signal in HT-29S [fig. 4.4 B)]. It therefore appears that integrin $\beta 1$ expression is strongly reduced but not entirely absent in the drug-resistant cell line, and that dimers containing $\beta 1$ may nevertheless exist. Integrin $\alpha 6$ also appeared mildly reduced, but more interestingly shifted to a slightly lower molecular weight in HT-29S [fig. 4.4 A)]. In contrast to the trend of integrin downregulation in HT-29S, the expression of integrin subunit $\alpha 5$ was dramatically increased [fig. 4.4 A)].

To determine whether the change in integrin $\alpha 5$ expression was a result of increased expression of its gene *ITGA5* expression or reduced degradation of the protein, qRT-PCR was performed. The sequences and other relevant characteristics of the primer pairs used in these experiments are presented in table 6.15. Figure 4.4 C) presents the estimated initial abundance (N_0) of *ITGA5* cDNA after normalization for reaction efficiency and loading using ribosomal

protein L27 (*RPL27*) as a reference gene. *ITGA5* mRNA was over 1500 times more abundant in HT-29S than HT-29, suggesting a very strong increase in transcription from the *ITGA5* gene, or possibly a dramatic increase in the half-life of the mRNA [fig. 4.4 C)].

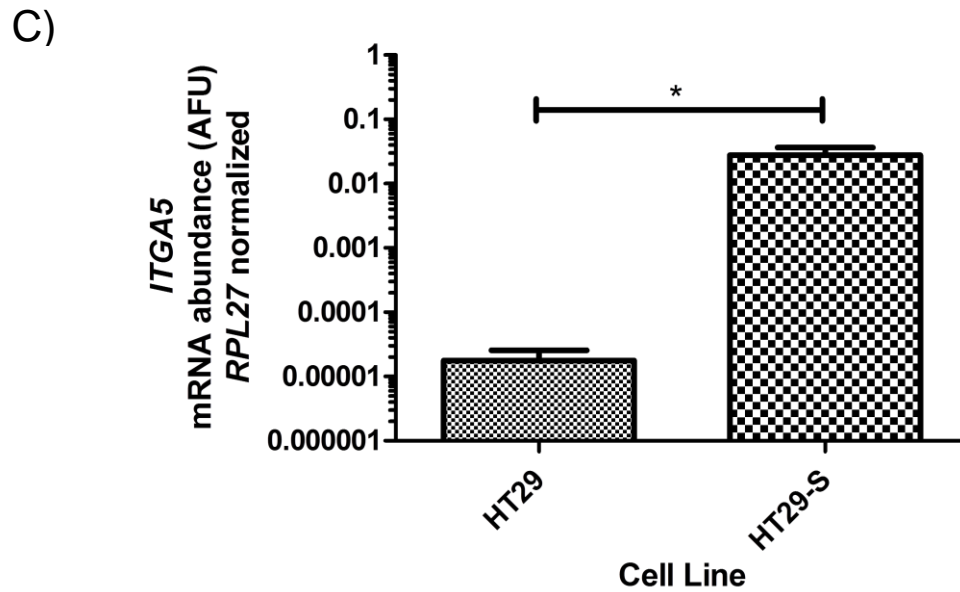
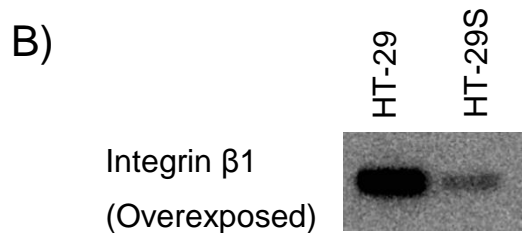
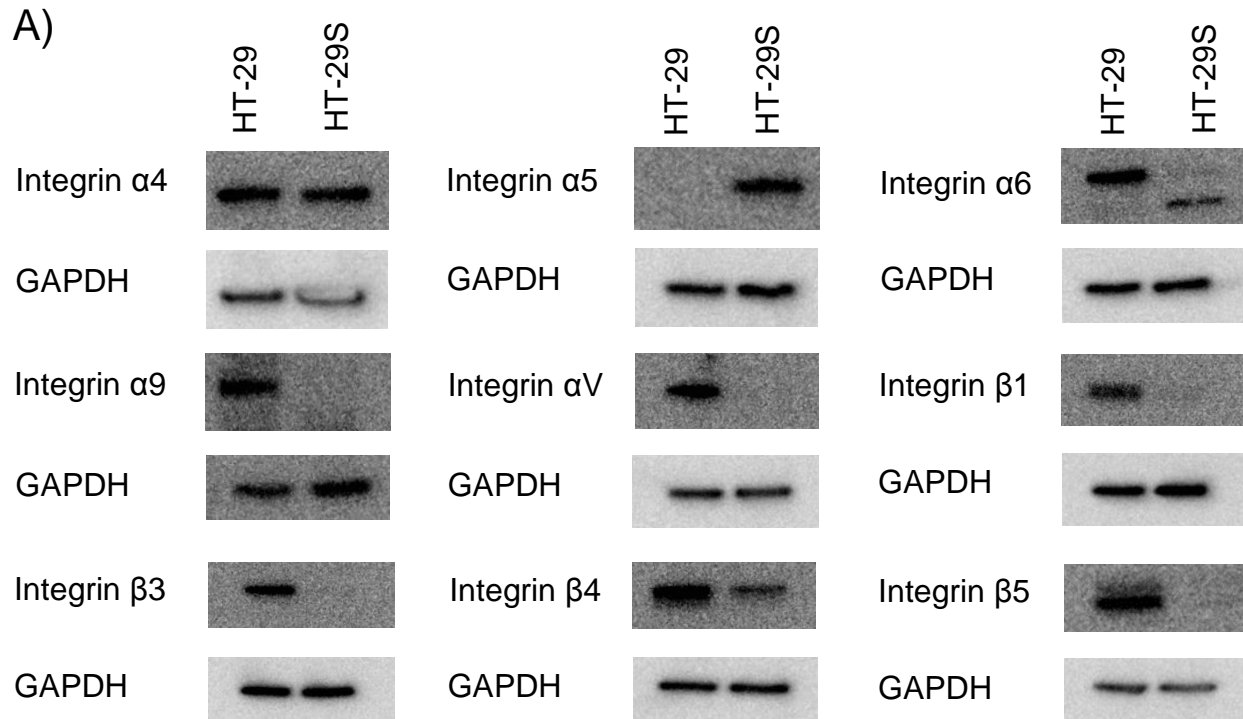
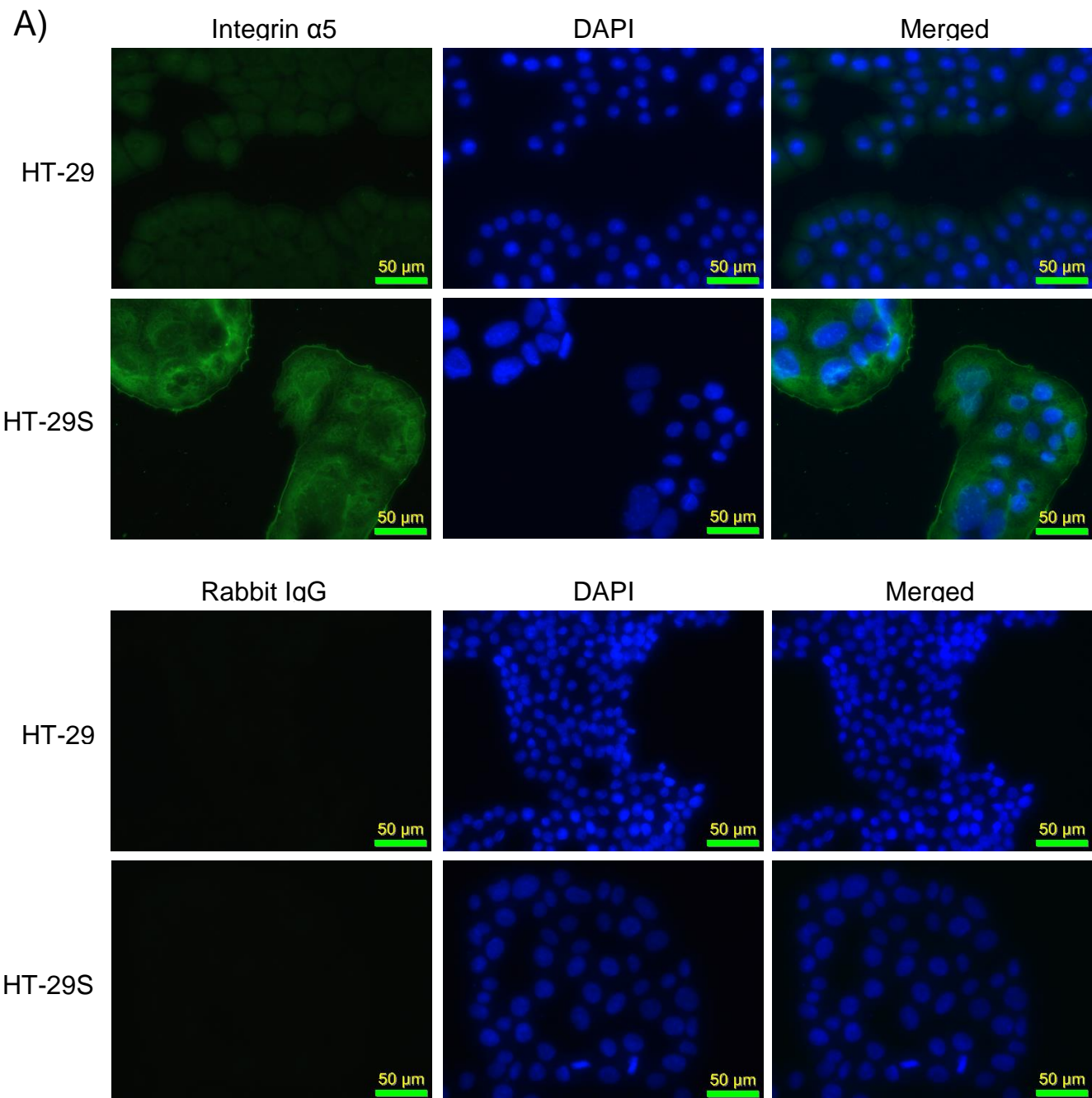


Figure 4.4: Integrin subunit protein and gene-level expression by immunoblotting and real-time PCR.

- A) HT-29 and HT-29S cytosolic protein fractions were immunoblotted for expression of individual integrin subunits. The primary and secondary antibodies used are recorded in tables 6.13 and 6.14. GAPDH was used as a loading control. Results shown are representative of three independent samples.
- B) Integrin β 1 immunoblot from A), exposed past the point of saturation.
- C) The expression of the *ITGA5* gene was measured using SYBR green based qRT-PCR. Reactions were performed in triplicate on 25 ng (RNA equivalent) of reverse transcribed cDNA on a StepOnePlus Real-Time PCR system (Applied Biosystems). The primers used for these experiments are listed in table 6.15. Samples were normalized for loading differences against the housekeeping gene *RPL27*. Data is presented as the mean + SEM from four independent samples. Statistically significant differences in expression were determined by the Mann-Whitney test. * $p < 0.05$

The localization of an integrin heterodimer within the cell can reveal a great deal about the receptor; they may be clustered into points of contact with the ECM called focal adhesions, or internalized into intracellular vesicles (reviewed in ¹³⁹). We therefore performed immunofluorescence experiments to determine the localization of integrin $\alpha 5$ within HT-29 and HT-29S cells, and to confirm the change in expression observed by western blot and qRT-PCR. Rabbit isotype antibodies were used to establish exposure limits as a control against auto-fluorescence and background staining. Similar to the western blot results, integrin $\alpha 5$ appeared to be more highly expressed in the SN-38-resistant cell line. [fig. 4.5 A)].

The subcellular localization of positive integrin $\alpha 5$ staining was also significantly altered in HT-29 versus HT-29S cells. The parental cells had a consistent low level of fluorescence throughout the cytoplasm, not co-localizing with any apparent structures and showing no variation between cells within a colony [fig. 4.5 A)]. This suggests that a small amount of integrin $\alpha 5$ may be expressed in HT-29 but is not functionally active or associated with the ECM. The HT-29S cells stained for integrin $\alpha 5$ did not have such a uniform staining; colonies appeared to be surrounded by a thin but intense margin of integrin $\alpha 5$ [fig. 4.5 A)]. At high magnification, many of these margins have the appearance of thin fibrous strands [fig. 4.5 B)], which may reflect integrin $\alpha 5\beta 1$ engagement with an ECM matrix, analogous to the fibrous strands of fibronectin observed in HT-29S spheroids [fig. 4.2 B)].



B)

HT-29S: Integrin $\alpha 5$

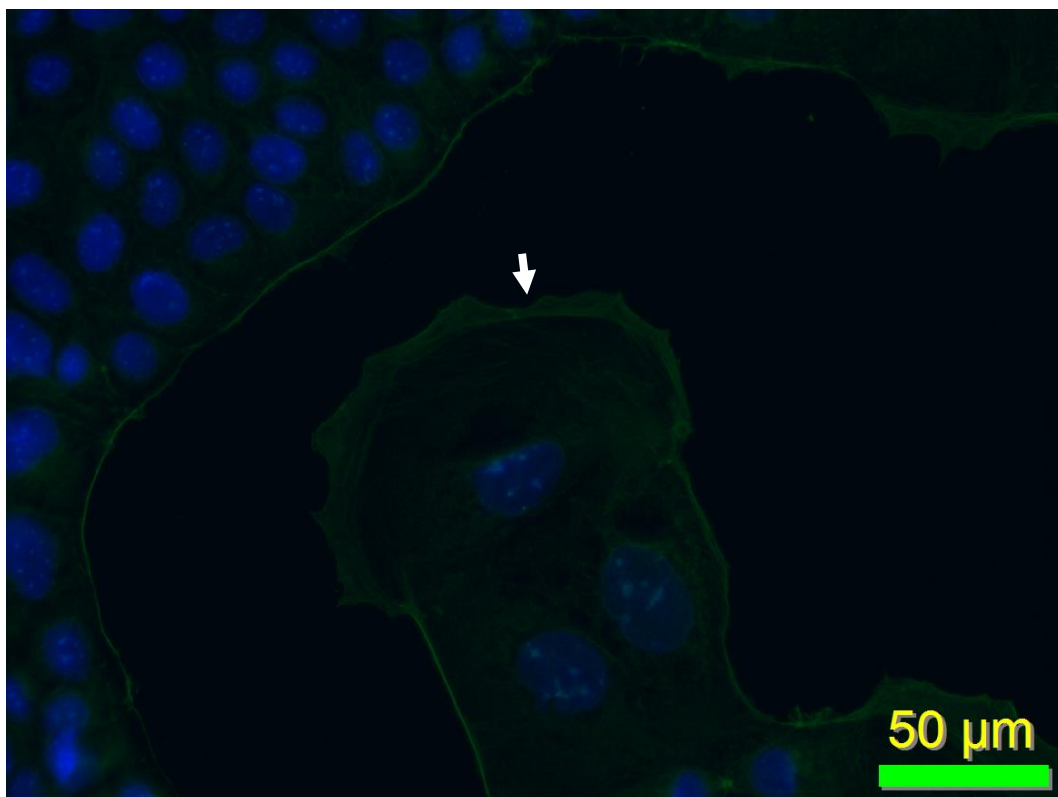
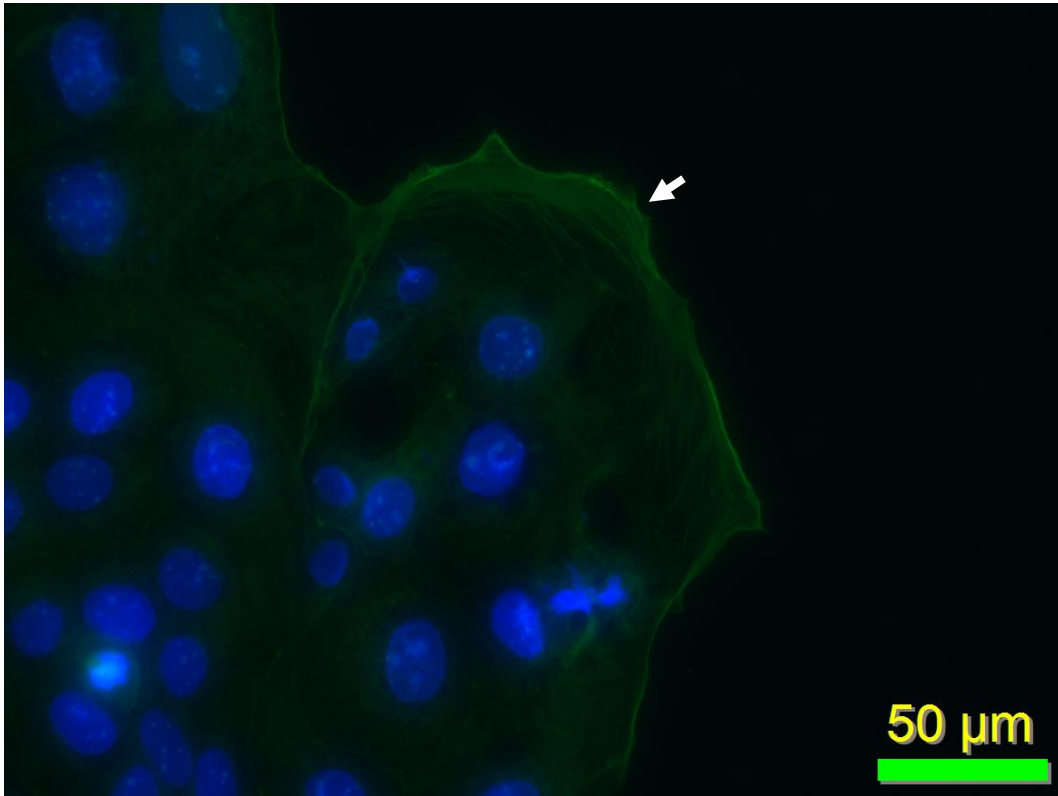


Figure 4.5: Intracellular expression and localization of integrin $\alpha 5$ in HT-29 and HT-29S cells.

- A) HT-29 and HT-29S cells were seeded and cultured on 8-well chamber slides (Nunc), fixed with cold methanol, and immunostained for integrin $\alpha 5$ or integrin $\beta 1$ expression and intracellular localization. Nuclei were counterstained with DAPI. Control stains with anti-rabbit IgG were performed in parallel as a negative control against nonspecific binding and cellular auto-fluorescence.
- B) Fibrous staining pattern of integrin $\alpha 5$ at the surface of HT-29S cells, indicated by the white arrows. Nuclei were counterstained with DAPI.

All images were taken on a Leica DM2000 microscope and QImaging Micropublisher 5.0 RTV camera using the QCapture Pro 7 Software (QImaging). Images are representative of three independent immunofluorescence experiments.

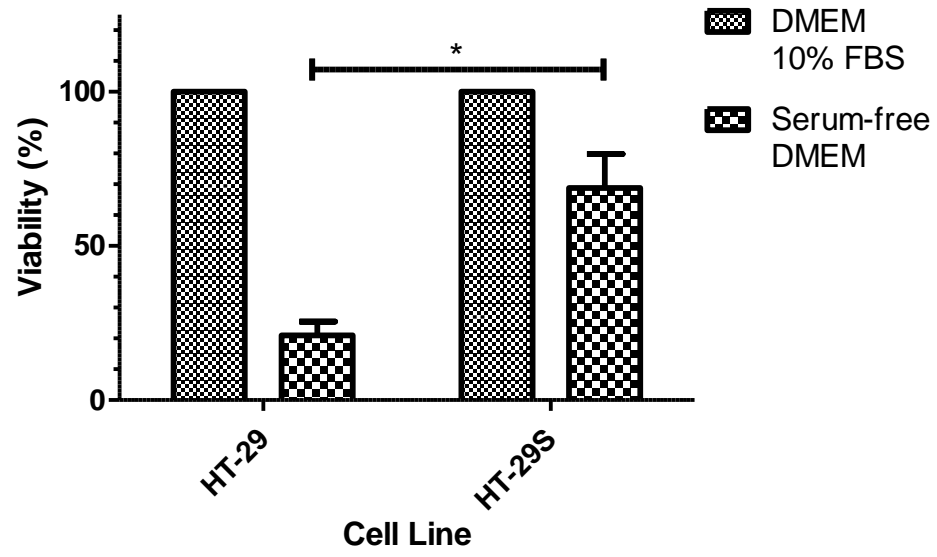
4.5 HT-29S cells are resistant to extended serum deprivation

Integrin $\alpha 5$ is known to form only a single heterodimer, which is the $\alpha 5\beta 1$ receptor¹⁴⁰. As integrins only function as heterodimers and not as solitary subunits, and because the expression of integrin $\beta 1$ is strongly reduced in HT-29S, the upregulation of the integrin $\alpha 5$ subunit is insufficient evidence to prove an increased expression of the functional $\alpha 5\beta 1$ fibronectin receptor. Furthermore, the inside-out regulation of integrin activity discussed in section 1.5.3 suggests that even if the expression of the fibronectin receptor at the cell surface is increased, it may not be functionally more active. We therefore sought to test the level of functional activity of integrin $\alpha 5\beta 1$ in HT-29S cells. Previous work by the labs of Erkki Ruoslahti and Rudolph Juliano have demonstrated that ectopic expression of integrin $\alpha 5$ can render cells resistant to conditions of serum starvation, including in the HT-29 CRC cell line^{124,125}. We therefore chose to use this trait as a marker for active integrin $\alpha 5\beta 1$ signaling by depriving HT-29 and HT-29S of serum for 72 hours. At the end of this period, we performed the MTT assay to measure cellular viability. HT-29 and HT-29S cells cultured in serum-containing medium were used as a positive control, and were defined as “100% viable”. As expected, HT-29 cells are highly sensitive to serum withdrawal; by the end of the 72 hour period, serum starved HT-29 cell viability was reduced to approximately 20% of control [fig. 4.6 A)]. In contrast, serum-starved HT-29S cells showed a very moderate reduction in viability, at approximately 70% of control. This difference in serum-deprivation resistance was statistically significant ($p < 0.05$). HT-29S is enhanced in its ability to survive and proliferate under serum-free conditions, consistent with activation of a fibronectin-integrin $\alpha 5\beta 1$ pro-survival pathway.

We were also able to observe a significant difference in the morphology of HT-29 and HT-29S cells in response to serum deprivation. When cultured in media containing serum, both

HT-29 and HT-29S cells in short term culture have a “cobblestone” morphology characteristic of epithelial cell monolayers, as can be observed in figure 4.6 B). HT-29S retains this appearance under serum-free conditions; there was no obvious differences in cellular morphology at the end of the treatment period between the serum-starved and control HT-29S cells. The only notable feature was a mild reduction in confluency in the serum-starved HT-29S wells, which fits with the observed decrease in viability measured by MTT. There was however a significant change in the morphology of HT-29 cells that had been subjected to serum deprivation. Not only were there far fewer cells within these wells, but most of the cells that were present had lost the cobblestone appearance of healthy epithelial cells and instead appeared more spherical.

A)



B)

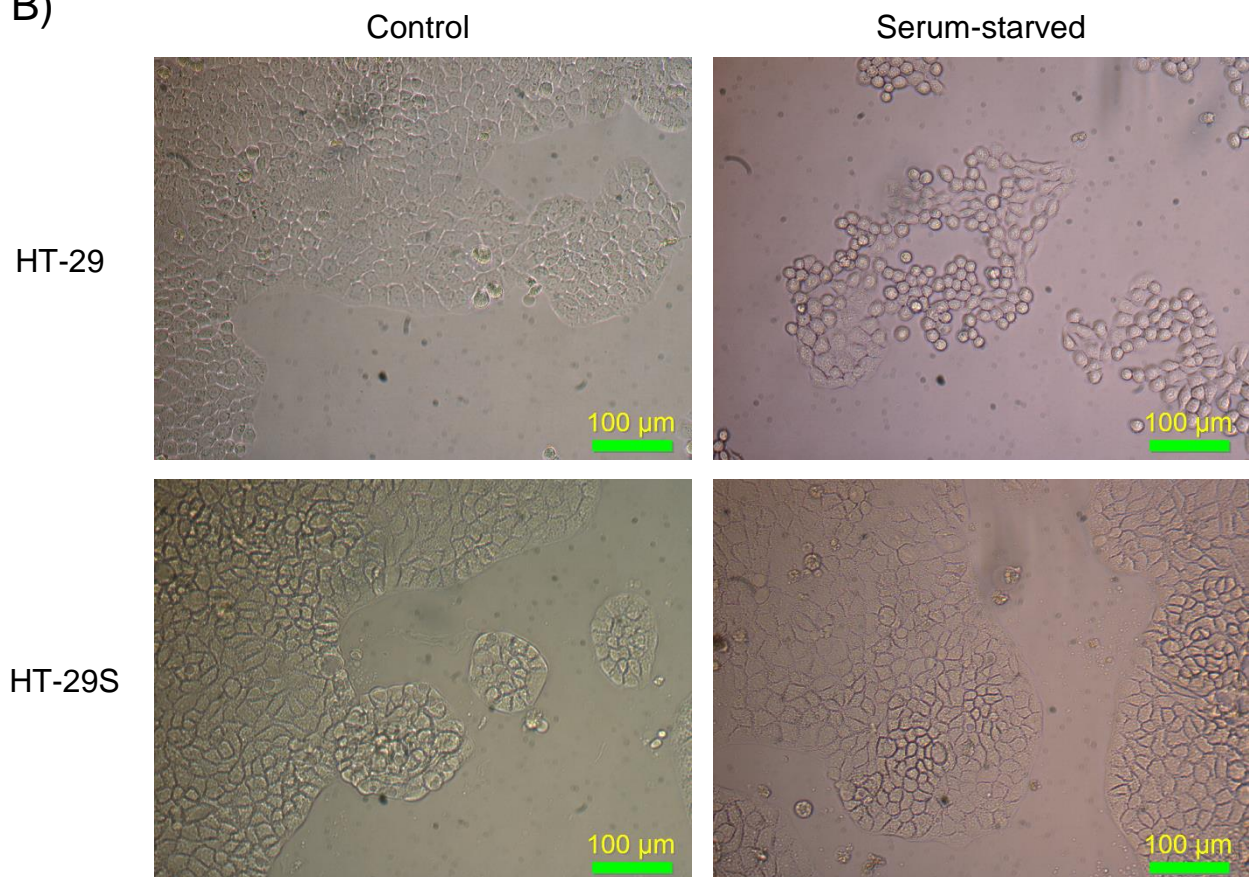


Figure 4.6: Effect of serum deprivation on HT-29 and HT-29S cells.

- A) HT-29 and HT-29S cells were seeded into the wells of a 96-well plate in triplicate for each treatment group. Cells were cultured in DMEM 10% FBS at 37°C, 5% CO₂ for 72 hours. Media was then switched to fresh DMEM 10% FBS or serum-free DMEM and the cells were cultured for a further 72 hours. At the end of this period, an MTT assay was performed to assess cellular viability. Cells cultured with serum were considered 100% viable. The results shown represent four independent experiments. The relative viabilities of serum-starved HT-29 versus HT-29S cells were compared by a Mann-Whitney test. * $p < 0.05$.
- B) Representative images of control and serum-starved HT-29 and HT-29S cells at the end of the 72-hour serum deprivation period. All images were taken on a Nikon Eclipse TE200 inverted microscope and QImaging Micropublisher 5.0 RTV camera using the QCapture Pro 7 Software (QImaging).

4.6 Akt is constitutively activated in HT-29S cells

The pro-survival pathway activated by integrin $\alpha 5\beta 1$ binding to fibronectin involves activation of a PI3K/Akt signalling pathway, as outlined in figure 1.4. We therefore assessed the degree of activation of Akt by western blot analysis for phosphorylation of Akt at two amino acid residues critical for its activity; serine 473 and threonine 308. Interestingly and unexpectedly, a decrease in the total Akt expression was also consistently observed in HT-29S compared to the parental cells, as can be seen in figure 4.7. Despite this reduced expression however, there was a clear increase in the phosphorylation of Akt at both the serine 473 and threonine 308 residues [fig. 4.7]. Adding weight to the results of the serum deprivation assays, this suggests that a fibronectin-integrin $\alpha 5\beta 1$ signaling program is active in HT-29S but not HT-29 cells.

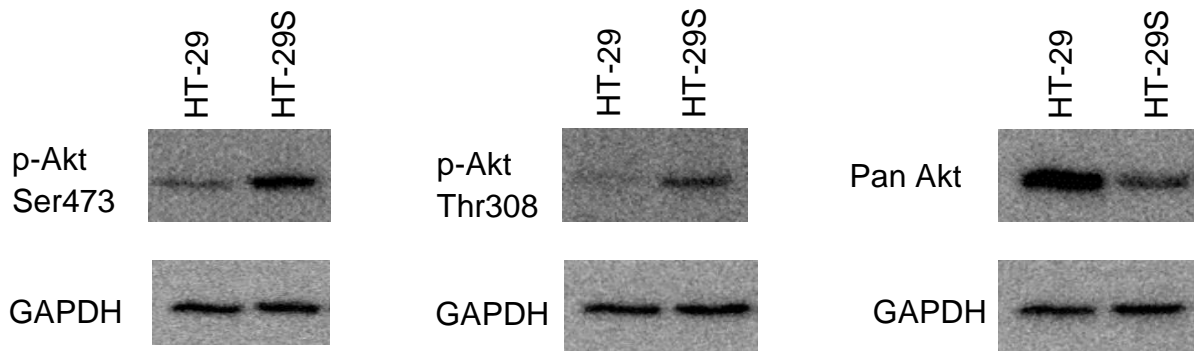


Figure 4.7: Akt activation in CRC cells.

Akt phosphorylation at Ser473 and Thr308 was assessed in HT-29 and HT-29S cell lysates by western blot. The primary and secondary antibodies used in these experiments are recorded in tables 6.13 and 6.14. GAPDH expression was used as a loading control, and is shown below each blot. The results shown are representative of three independent samples.

4.7 Expression of the *BCL2* gene is increased in HT-29S cells

Downstream of integrin $\alpha5\beta1$ /PI3K/Akt is induction of *BCL2* transcription, which mediates the pro-survival effect of this pathway[fig. 1.4]^{125,131,132}. We wished to determine if the upregulation of integrin $\alpha5$ and activation of Akt was promoting *BCL2* expression in HT-29S, allowing these cells to resist serum deprivation. This question was addressed by assaying for the expression of *BCL2* mRNA by qRT-PCR. We consistently observed a higher level of expression of *BCL2* in HT-29S versus HT-29 [fig. 4.8], which was determined to be statistically significant ($p < 0.05$). The transcription or stability of the *BCL2* mRNA is significantly increased in HT-29S cells, consistent with the proposed mechanism.

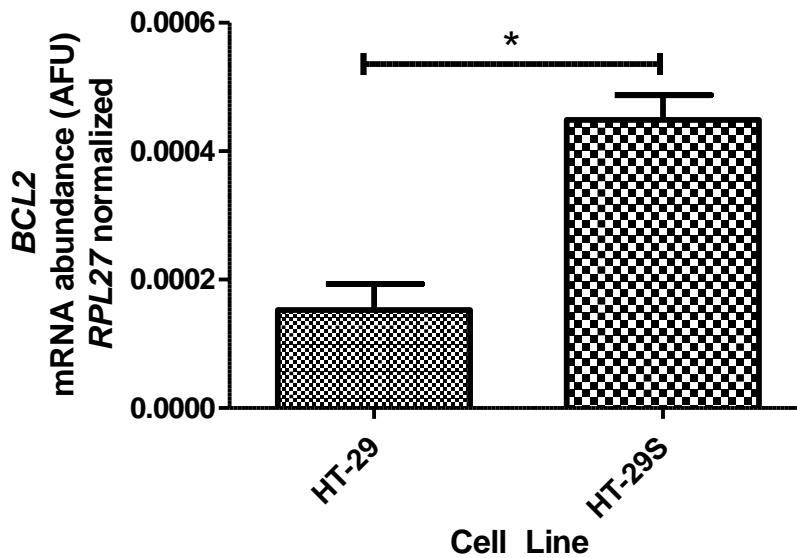


Figure 4.9: *BCL2* expression in HT-29 and HT-29S cells.

The expression of the *BCL2* gene was measured using SYBR green based qRT-PCR. Reactions were performed in triplicate on 25 ng (RNA equivalent) of reverse transcribed cDNA on a StepOnePlus Real-Time PCR system (Applied Biosystems). The primers used for these experiments are listed in table 6.15. Data is presented as the mean + SEM from four independent samples. Statistically significant differences in expression were determined by the Mann-Whitney test. * $p < 0.05$

4.8 Inhibition of PI3K sensitizes HT-29S to SN-38

To investigate if the increase in integrin $\alpha 5\beta 1$ -fibronectin signaling through to PI3K might contribute to a CAM-DR effect in the HT-29S cell line, we measured the sensitivity of HT-29 and HT-29S cells to SN-38 following disruption of this pathway with the PI3K inhibitor LY294002. We began by determining the sensitivity of HT-29 and HT-29S to LY294002 by measuring cellular viability at a range of LY294002 doses with the MTT assay. In agreement with previous studies¹⁴¹, treatment with LY294002 reduced the proliferation and viability of HT-29 cells at higher concentrations [fig. 4.9]. HT-29S cells were somewhat (~3-fold) less sensitive to LY294002 than HT-29 cells, which may reflect the higher basal activity of PI3K/Akt in these cells [fig. 4.9]. The IC₅₀ values of LY294002 were estimated by non-linear regression to be 5.971 μ M for HT-29 and 17.44 μ M for HT-29S [table 4.2]. Based on this result and a desire to treat the cell lines under comparable conditions, we chose both 5 μ M and 10 μ M as working concentrations for PI3K inhibition experiments, as there was a noticeable effect in both cell lines at these doses without extreme toxicity.

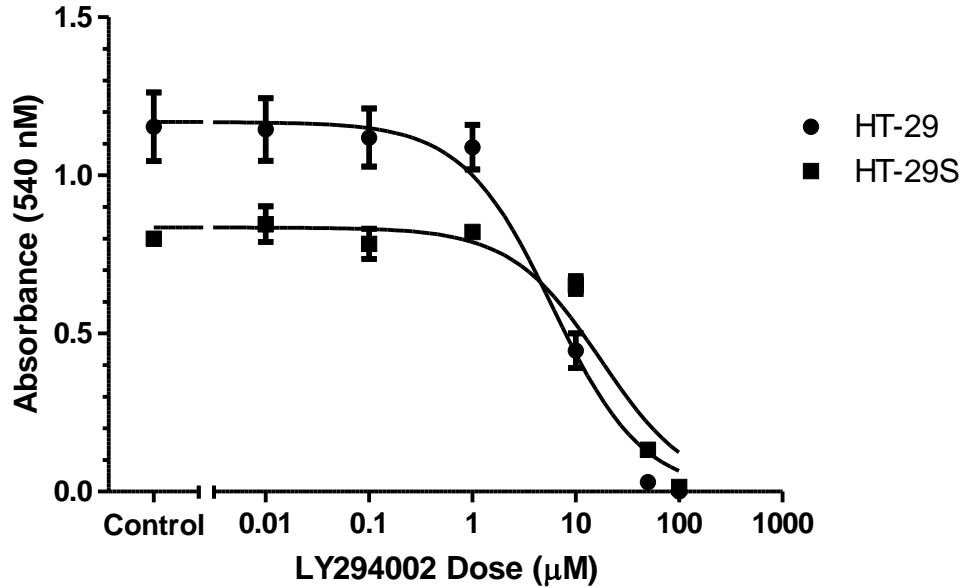


Figure 4.9. – Effect of LY294002 on HT-29 and HT-29S proliferation.

96-well plates were seeded with 2000 HT-29 and 2500 HT-29S cells, and incubated at 37°C, 5% CO₂ overnight. Cells were dosed with LY294002 or vehicle-control and incubated for a further 96 hours. At the end of this period, an MTT assay was performed. The data presented is the mean + SEM of three independent experiments.

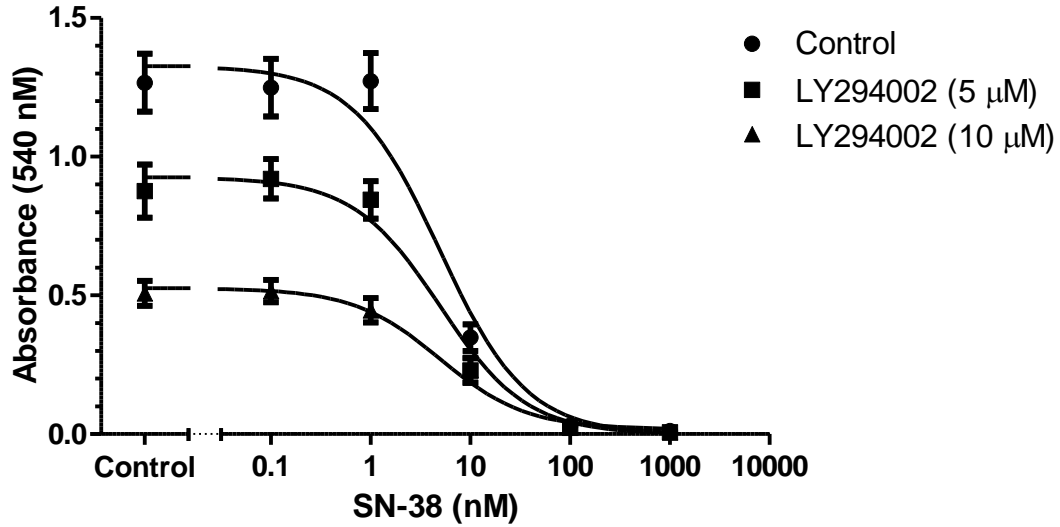
Table 4.2: IC50 value of the PI3K inhibitor LY294002 in HT-29 and HT29-S

	LY294002 IC50 (µM)
HT-29	5.971
HT-29S	17.44

To test the effect of PI3K inhibition on the response to SN-38 treatment, HT-29 and HT-29S cells were pre-treated for 1 hour with 5 μ M or 10 μ M LY294002 (or vehicle-control) and subsequently dosed with SN-38. Cells were incubated with SN-38 and LY294002 for a further 96 hours, and at the end of the exposure period cellular viability was measured by the MTT assay. Despite the reduction in viability observed for HT-29 cells treated with LY294002, addition of the PI3K inhibitor did not seem to have any effect on the response of these cells to SN-38 [fig. 4.10 A)]. In contrast, PI3K inhibition in HT-29S with LY294002 significantly shifted the SN-38 dose-response curve [fig. 4.10 B)]. The SN-38 IC₅₀ values were determined by non-linear regression of the dose-response data [table 4.3] and compared by an extra sum of squares F-test. The IC₅₀ value of SN-38 on HT-29 cells was virtually unaffected by PI3k inhibition [table 4.3], and the F-test indicated no statistically significant difference in the SN-38 IC₅₀ values between the treatment groups. In contrast, the estimated SN-38 IC₅₀ values for HT-29S decreased from 358.1 nM in the control group to 39.20 nM with 5 μ M LY294002 and 25.46 nM with 10 μ M LY294002 treatment [table 4.3]. This difference was confirmed to be statistically significant ($p = 0.0004$) by the F-test. The LY294002-treated HT-29S cells were therefore more sensitive to SN-38 than the control group, despite the modest effect of LY294002 treatment on HT-29S in the absence of SN-38. Together, these results suggest that PI3K/Akt activation contributes to the resistant status of the HT-29S cell line.

A)

SN-38 Response vs PI3K Inhibition- HT-29



B)

SN-38 Response vs PI3K Inhibition- HT-29S

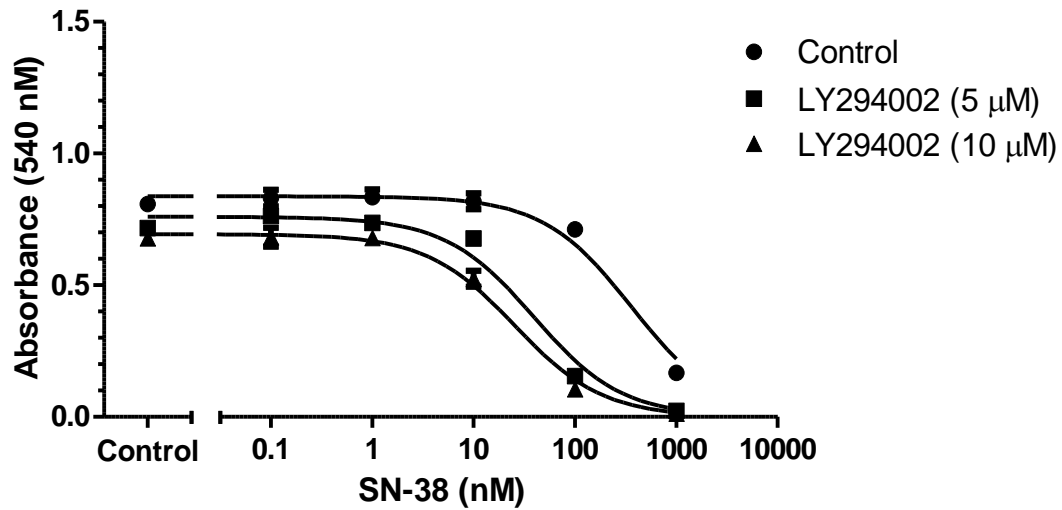


Figure 4.10: HT-29 and HT-29S SN-38 dose-response in the presence or absence of PI3K/Akt pathway inhibition with LY294002.

- A) 96-well plates were seeded with 2000 HT-29 cells, and incubated at 37°C, 5% CO₂ overnight. Cells were dosed with LY294002 or vehicle-control and incubated for one hour. At the end of the LY294002 pre-treatment period, cells were dosed with SN-38 or vehicle-control, and incubated for a final 96-hours. At the end of this period, an MTT assay was performed. The data presented is the mean + SEM of five independent experiments. The IC₅₀ values of the different groups were compared by an extra sum of squares F test.
- B) Same as A), but seeded with 2500 HT-29S instead of HT-29 cells. The IC₅₀ values of the different groups were compared by an extra sum of squares F test.

Table 4.3: Effect of PI3K inhibition on SN-38 response in HT-29 and HT-29S

	Control	LY294002 (5 µM)	LY294002 (10 µM)
HT-29	5.005	4.412	7.796
HT-29S	358.1	39.20	25.46

4.9 HT-29S has undergone an epithelial to mesenchymal transition

The epithelial to mesenchymal transition (EMT) process has been associated with wound healing and cancer progression, and is known to involve a number of proteins and transcription factors^{101,142,143}. For example, the EMT-related transcription factors zinc finger E-box binding homobox 2 (*ZEB2*) and twist-related protein 1 (*TWIST1*) have been demonstrated to promote transcription from the *ITGA5* gene during EMT in human cancer cell lines^{144,145}. Because of this apparent link we wished to determine if there was a change in expression of these and other EMT-related genes between our parental and drug resistant cells. We addressed this question by performing qRT-PCR on HT-29 and HT-29S cDNA using a panel of primers directed against a panel of EMT-related genes. We found that a number of interesting changes in EMT gene expression have occurred during the acquisition of drug resistance. A small (approximately 2.7 fold) but statistically significant ($p < 0.05$) increase in expression of the *ZEB2* transcript was observed in HT-29S versus HT-29 cDNA samples. The very minimal expression of the Snail family zinc finger 2 gene (*SNAI2*) in HT-29 was dramatically increased in HT-29S cells ($p < 0.05$) [fig 4.11]. Similarly, we were consistently unable to detect any *TWIST1* in HT-29 but detected a strong expression in HT-29S [fig. 4.11]. Expression of the junction plakoglobin (*JUP*) and vimentin (*VIM*) genes also appeared to be trending towards increased expression in HT-29S, but these differences were not statistically significant [fig. 4.11]. *JUP* however was almost significant, with $p = 0.0571$. Similarly, the zinc-finger E-box binding homobox 1 (*ZEB1*) gene expression appeared to be substantially decreased in HT-29S, but this was not statistically significant [fig. 4.11]. The expression of two other EMT genes, Snail family zinc finger 1 (*SNAI1*) and the tight junction protein 1 (*TJPI*), were not substantially altered between HT-29 and HT-29S cells [fig. 4.11].

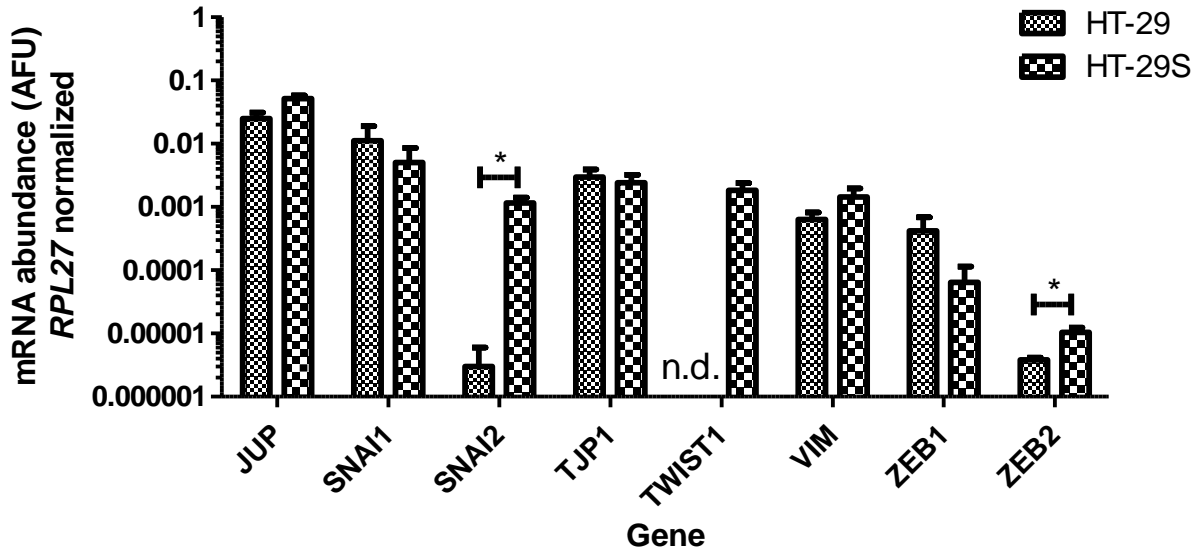


Figure 4.12: EMT gene expression in HT29 and HT29-S.

The expression of various genes was measured using SYBR green based qRT-PCR. Reactions were performed in triplicate on 25 ng (RNA equivalent) of reverse transcribed cDNA on a StepOnePlus Real-Time PCR system (Applied Biosystems). The primers used for these experiments are listed in table 6.15. Samples were normalized for loading differences against the housekeeping gene *RPL27*. Data is presented as the mean + SEM from four independent samples. Statistically significant differences in expression were determined by the Mann-Whitney test. * $p < 0.05$. n.d. – None detected.

Chapter 5: Discussion

5.1 Summary

The data presented here demonstrate that dramatic alterations in CRC cell-ECM interactions occur upon acquisition of SN-38 resistance. This change is mediated by a substantial upregulation of the integrin $\alpha 5$ subunit leading to an increased formation of functional integrin $\alpha 5\beta 1$ receptor. It is likely that this receptor then promotes the formation of a complex fibronectin network within resistant cell colonies, and the subsequent adhesion of $\alpha 5\beta 1$ to the fibronectin matrix activates an intracellular PI3K/Akt signalling pathway that opposes chemotherapy-mediated apoptosis induction through increased *BCL2* expression.

5.2 Morphology of SN-38-resistant cells

The cellular morphology of HT-29 cells is dramatically altered by acquisition of SN-38 resistance, with HT-29S cells adopting features characteristically associated with more advanced, aggressive cancers. For example, the HT-29 line grows as flat monolayers that are typical of epithelial cells or a well-differentiated tumour, but HT-29S does not. Instead these cells form the vertical outgrowths that we have named “nodules” [fig. 4.1 A)]. Since HT-29S no longer appears restricted to monolayer growth, it suggests that they may have lost contact inhibition. Loss of contact inhibition has also been associated with EMT¹⁴⁶, suggesting that an EMT may have occurred in HT-29S. This possibility is further discussed in section 5.9.

A second distinct change is an increase in the nuclear diameter [fig. 4.1B)] and dysmorphia [fig. 4.1 C)] of HT-29S compared to HT-29. Enlarged and irregularly-shaped nuclei are a well-described feature of progression in many types of cancer (reviewed in ¹⁴⁷), further suggesting that our drug-resistant CRC cell line represents a more advanced, aggressive disease

than the parental cells. There are many possible causes for alterations in nuclear size and shape during cancer progression including mutation or deletion of genes encoding the nuclear lamina, or altered chromatin organization¹⁴⁷, however one of particular interest in our cell lines is the effect of ECM contacts. It has been previously reported that integrin-mediated adhesion and spreading over ECM substrates such as fibronectin can cause alteration in nuclear shape and promote the release of calcium from the endoplasmic reticulum (ER) into the cytoplasm and nucleus¹³³. Deformation of nuclei is likely mediated by actin bundles connecting integrin-ECM contacts to the nucleus¹⁴⁸. Calcium release can activate various kinases including CaMK IV, which participates in the pro-survival fibronectin-integrin $\alpha5\beta1$ signalling pathway [fig. 1.4]. Therefore while there are many potential explanations for the altered nuclear morphology of HT-29S, one possibility that is consistent with our data is that integrin $\alpha5\beta1$ adhesion to fibronectin exerts mechanical stress that alters nuclei shape and encourages calcium release from the ER, which in turn activates CAMK IV and subsequently promotes *BCL2* expression through activation of CREB and NF κ B.

5.3 Interactions between HT-29S and fibronectin

We have demonstrated that HT-29 cell interactions with a particular component of the ECM, fibronectin, are significantly altered along with resistance to SN-38. We observed an increased accumulation of fibronectin in HT-29S spheroids [fig. 4.2 A)] which in some cases took the appearance of a fibrous, matrix-like structure [fig. 4.2 B)]. This increased fibronectin matrix formation in HT-29S may contribute to the altered morphology of these cells by providing a scaffold for nodule formation. The increased accumulation of fibronectin in HT-29S coincided with an increased adhesive capacity of these cells for that ECM glycoprotein [fig. 4.3 A)]. HT2-29S cells that adhered to fibronectin adopted a stretched or spreading morphology that

was absent in adherent HT-29 cells, which remained spherical [fig. 4.3 B)]. Both the increased adhesion and the spreading morphology of HT-29S were reversible by a soluble GRGDSP peptide but not a control GRADSP peptide at the same concentration [fig. 4.3 A) and B)]. The interaction between HT-29S and fibronectin is therefore RGD-dependent and likely involves an α IIb, α 5, α 8, or α V integrin, but not an α 4 or α 9¹⁴⁹. The spreading morphology of HT-29S suggests that the resistant cells were migrating over the fibronectin coating, and may also suggest that the resistant cells are able to exert the necessary force on fibronectin to unfold the soluble dimer form of the glycoprotein; a necessary step in the construction of a fibronectin matrix and one that can be mediated by integrin α 5 β 1¹⁰³.

5.4 Expression of integrin subunits in HT-29 and HT-29S

Numerous changes were observed in the expression of integrin family members between HT-29 and HT-29S cell lines. The significance of those changes are discussed in sections 5.4.1 to 5.4.6, and are summarized in figure 5.1.

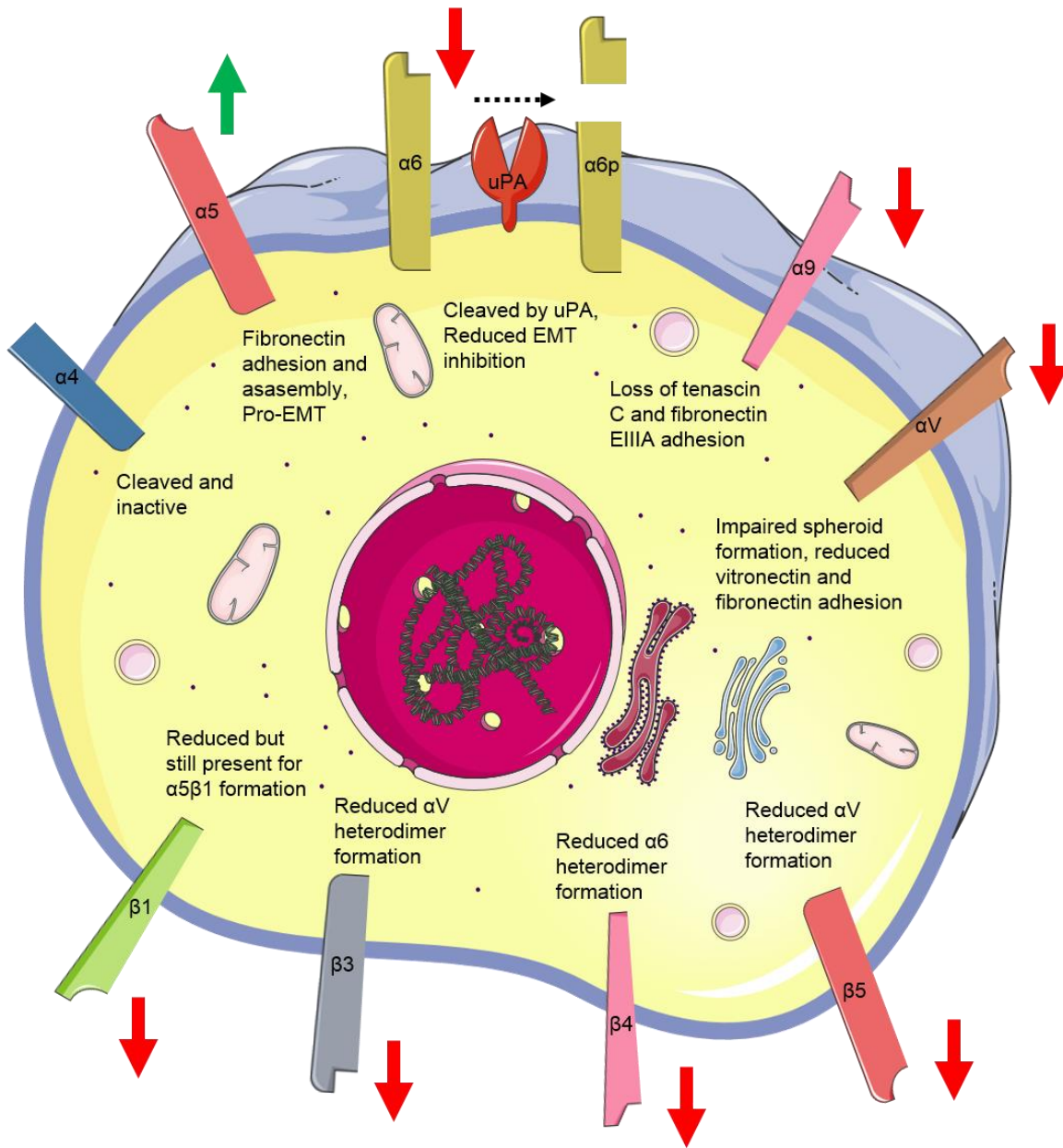


Figure 5.1: Functional significance of integrin expression changes on HT-29S cells.

The expression changes of individual integrin subunits in HT-29S relative to HT-29. Green arrows indicate an increased expression of the integrin in HT-29S, while red arrows indicate a reduced expression. Possible functional implications of these expression changes are presented below each subunit.

5.4.1 Integrin $\alpha 4$

Integrin $\alpha 4\beta 1$ is able to bind fibronectin at a distinct site from the RGD-dependent integrins, and in doing so can suppress signalling pathways activated by integrin $\alpha 5\beta 1$ ligation to fibronectin^{86,87}, meaning the effect of integrin $\alpha 5$ upregulation in HT-29S may depend on the activity of this subunit. Integrin $\alpha 4$ was detected in both HT-29 and HT-29S [fig. 4.4 A)] but its expression did not appear to be substantially altered. Somewhat surprisingly however, the only band detected for this protein corresponded to a molecular weight of approximately 55 kDa; much lower than the expected molecular size of approximately 150 kDa. It has been previously demonstrated that integrin $\alpha 4$ can be cleaved to a number of fragments, including a 55 kDa fragment, which is not capable of forming a functional heterodimer with integrin $\beta 1$ ¹⁵⁰. Therefore, it appears that integrin $\alpha 4$ expression does not change between HT-29 and HT-29S, and indeed it likely does not form a functional receptor to have any impact on cellular behaviour in either cell line.

5.4.2 Integrin $\alpha 5$

The most notable result of the analysis of integrin expression in HT-29 and HT-29S cells by western blot was the change in integrin $\alpha 5$ expression [fig. 4.4 A)]. It has been well documented that this subunit is not normally expressed in HT-29 and that ectopic expression of integrin $\alpha 5$ on HT-29 can have profound effects on the behaviour of these cells^{108,109,116,124,125}. Consistent with these results, we were unable to detect any expression of integrin $\alpha 5$ in the parental HT-29 cell line. It appears that the upregulation of integrin $\alpha 5$ in HT-29S is due to an increased abundance of *ITGA5* mRNA [fig. 4.4 C)], which could reflect an increase in transcription from the *ITGA5* gene or an increase in the stability of the mRNA. We favour the

former due to an observed upregulation of transcription factors that may drive *ITGA5* expression, which will be discussed further in section 5.9.

Immunofluorescence studies on HT-29 and HT-29S monolayers confirmed the upregulation of integrin $\alpha 5$ in the resistant cells [fig. 4.4 A)]. These experiments also revealed a fibrous staining pattern for integrin $\alpha 5$ at the edges of cells [fig. 4.5 A) and B)], which may represent integrins binding along ECM fibrils. Similar patterns were observed in early immunofluorescent studies of integrins, co-localizing with fibronectin and actin bundles⁶². Fibronectin is the most likely ECM protein to form the postulated fibrils, because (i) it is the only known ECM ligand of integrin $\alpha 5$ ¹⁴⁹, (ii) our data show that fibrils of this glycoprotein accumulates in HT-29S spheroids, and (iii) HT-29S cells gain an adhesive capacity for fibronectin. These observations therefore suggest that integrin $\alpha 5$ on HT-29S cells, as part of the integrin $\alpha 5\beta 1$ heterodimer, binds fibronectin, which would in turn initiate downstream signalling pathways. To the best of our knowledge, this is the first description of spontaneous expression of integrin $\alpha 5$ in CRC cells as a result of chemotherapy resistance. The implications of integrin $\alpha 5$ expression in HT-29S behaviour and response to SN-38 will be discussed further throughout this chapter.

5.4.3 Integrins $\alpha 6$ and $\beta 4$

Another very interesting change in integrin expression between HT-29 and HT-29S involved the $\alpha 6$ subunit. There appeared to be a modest decrease in the expression of this subunit the resistant cell line [fig. 4.4 A)]. More interestingly however, there was also a shift in migration of the integrin $\alpha 6$ band, implying a reduced molecular weight of the protein in HT-29S. Such a reduced-molecular-weight-variant of integrin $\alpha 6$ (called $\alpha 6p$) has been described in a number of cancer cell lines, and appears to be a result of proteolytic cleavage of a β -barrel ligand-binding

extracellular domain¹⁵¹⁻¹⁵³. This cleavage event is mediated by urokinase-type plasminogen activator (uPA) but seemingly not by matrix metalloproteinases (MMPs) at arginines 594 and 595^{152,153}. Generation of integrin $\alpha 6p$ is associated with increased invasion into and migration over laminin, a major constituent of the basement membrane, and thus appears to be a pro-cancer event¹⁵³. Furthermore, while the full-length form of integrin $\alpha 6$ can be found in both normal and malignant prostate tissue, $\alpha 6p$ appears to be largely cancer-specific¹⁵². The cleavage of integrin $\alpha 6$ to $\alpha 6p$ in HT-29S would suggest that our SN-38 resistant cell line may be more aggressive and invasive than the parental cells, however this remains to be determined. This increase in aggressive behaviour may result from a loss of EMT-suppression by a laminin-integrin $\alpha 6$ interaction¹⁵⁴. The possibility that HT-29S has undergone an EMT is discussed further in section 5.9. We cannot definitively conclude from these western blot results alone that this cleavage event is actually occurring. In order to prove that integrin $\alpha 6p$ is formed by our resistant cell population, we could attempt to block the cleavage event by treating HT-29S with a uPA inhibitor such as amiloride hydrochloride or UK122. We would expect to see an increase in the molecular weight of the integrin $\alpha 6$ band in HT-29S following treatment with the uPA inhibitor. Alternatively, we could isolate and sequence the integrin $\alpha 6$ protein from HT-29 and HT-29S cells to determine if cleavage has occurred in HT-29S.

Further suggesting a reduced activity of integrin $\alpha 6$ is the reduced expression of integrins $\beta 1$ and $\beta 4$, both of which form heterodimers with $\alpha 6$ (reviewed in ¹⁴⁹). In fact, integrin $\alpha 6$ appears to be the only binding partner for integrin $\beta 6$. Between the reduced expression of integrin $\beta 1$ and $\beta 4$, and the possible cleavage of integrin $\alpha 6$, it is very likely that integrin $\alpha 6$ activity is significantly reduced in HT-29S.

5.4.4 Integrin $\alpha 9$

The expression of integrin $\alpha 9$ was substantially reduced in HT-29S compared to parental HT-29 cells [fig. 4.4 A)]. It has previously been reported that integrin $\alpha 9$ is not expressed in HT-29¹⁵⁵. The source of the discrepancy between these findings and our own is not clear; our results consistently and unambiguously (n = 3) showed a strong expression of integrin $\alpha 9$ in the HT-29 line. Integrin $\alpha 9$ binds to the ECM protein tenascin-C in an RGD-independent manner^{156,157}. It may also bind to a splice variant of fibronectin via the EIIIA domain to promote lymphatic valve formation during development⁷⁹ and in adult lymphatic valves may promote the egress of lymphocytes from the lymph nodes⁸¹.

5.4.5 Integrins αV , $\beta 3$, and $\beta 5$

Integrin αV 's expression pattern was the opposite of that of integrin $\alpha 5$; it was highly expressed in HT-29 samples (in agreement with previous studies¹⁰⁹) but absent in HT-29S [fig. 4.4 A)]. Furthermore, the expression of three β subunits which form heterodimers with integrin αV , integrins $\beta 1$, $\beta 3$, and $\beta 5$, was substantially reduced in HT-29S.

The $\alpha V\beta 1$ and $\alpha V\beta 3$ heterodimers are both able to mediate adhesion to vitronectin and fibronectin¹⁴⁹. Integrin $\alpha V\beta 6$ can also bind to fibronectin and may be the main fibronectin receptor in parental HT-29 cells¹⁵⁸. Integrin $\alpha V\beta 5$ binds solely to vitronectin¹⁴⁹. Despite this difference in ligand specificities, all of the αV integrins exhibit RGD-dependent binding¹⁴⁹. Unlike integrin $\alpha 5\beta 1$, $\alpha V\beta 1$ and $\alpha V\beta 3$ are unable to construct a fibronectin matrix^{99,159}. Integrins $\alpha V\beta 1$ and $\alpha V\beta 6$ are also unable to promote spreading over a fibronectin substrate^{158,159}. The αV integrins have however been implicated in promoting spheroid formation in ovarian cancer cell lines through an interaction with vitronectin¹⁶⁰, thus the malformed spheroids of HT-29S may possibly be attributed in part to the loss of αV integrins. Cancer aggression has also been linked

to αV integrins through angiogenesis and secretion of MMPs 2 and 9^{161,162}. The loss of integrin αV expression may therefore reduce some behaviours associated with cancer aggression in HT-29S but may also free up integrin $\beta 1$ to form the fibronectin receptor with integrin $\alpha 5$.

5.4.6 Integrin $\beta 1$

Integrin $\beta 1$ expression was dramatically reduced in HT-29S [fig. 4.4 A)]. This was somewhat unexpected as integrin $\beta 1$ is a very important member of the family and interacts with many of the α subunits to form a large number of receptors¹⁴⁹. It is also the sole binding partner for integrin $\alpha 5$, and therefore the upregulation of integrin $\alpha 5$ is meaningless if no integrin $\beta 1$ is available to form the full fibronectin receptor¹⁴⁹. However, it was not entirely absent in these cells [fig. 4.4 B)] and as HT-29S exhibits behaviours suggestive of active integrin $\alpha 5\beta 1$, including fibronectin adhesion and matrix formation, Akt activation, and resistance to serum deprivation, it seems that sufficient integrin $\beta 1$ is retained in HT-29S to form the $\alpha 5\beta 1$ receptor. The reduced expression of integrins $\alpha 9$ and αV may also help promote the formation of the $\alpha 5\beta 1$ heterodimer by reducing competition for integrin $\beta 1$, as these are also binding partners for this subunit¹⁴⁹.

5.5 Serum starvation

The results of the serum deprivation assays presented in figure 4.6 show the effect of serum withdrawal on cell viability. HT-29 cell viability was reduced to approximately 20% of control cells, indicating a high dependence on serum [fig. 4.6 A)]. In contrast, HT-29S cell viability was only reduced to approximately 70% of control cells [fig. 4.6 A)]. Integrin $\alpha 5\beta 1$ has previously been demonstrated to protect against apoptosis induced by serum deprivation^{124,125,132}, suggesting that the upregulated integrin $\alpha 5$ in the HT-29S cell line may form functional $\alpha 5\beta 1$ receptors.

The morphology of HT-29 and HT-29S cells following serum deprivation further supports a loss of serum dependence in the HT-29S cell line. HT-29 cells that have been deprived of serum are sparse and have largely lost their usual cobblestone appearance; many of these cells have instead adopted a “rounded-up” morphology [fig. 4.6 B)]. A similar effect occurs during apoptotic but not necrotic cell death, suggesting that, consistent with previous studies, HT-29 cells may be dying by apoptosis during serum deprivation^{124,125}. In contrast, serum-starved HT-29S cells are slightly less confluent than their control counterparts but otherwise appear equally healthy [fig. 4.6 B)]. The small reduction in HT-29S cell viability upon serum withdrawal may therefore be a result of a slight reduction of proliferation due to loss of serum-derived growth factors, rather than an increase in cell death.

5.7 Akt activation and upregulation of *BCL2*

The PI3K/Akt pathway forms one branch of the downstream signalling from integrin $\alpha5\beta1$ activation by fibronectin ligation [fig. 1.4]. We therefore assessed Akt activity in the HT-29 and HT-29S cell lines, and found that Akt phosphorylation at two amino acid residues (Ser473 and Thr308) critical for its activity were significantly increased in HT-29S [fig. 4.7]. This result is consistent with an increased activity of integrin $\alpha5\beta1$ due to the upregulation of integrin $\alpha5$ and increased fibronectin matrix formation in HT-29S, however the PI3K/Akt pathway contributes to a great number of intracellular signalling pathways. We cannot be certain that the increased Akt activity observed in HT-29S is due to integrin $\alpha5\beta1$, although the evidence we have collected strongly suggests that it is. To support integrin $\alpha5\beta1$ activity in HT-29S, we looked at the expression of a target gene of this pathway, *BCL2*, which also requires FAK and CAMK IV signalling dependent upon integrin $\alpha5\beta1$ [fig. 1.4].

As can be seen in figure 4.8, *BCL2* is upregulated in HT-29S compared to HT-29. However, the upregulation of *BCL2* mRNA is quite modest- only approximately three-fold greater than HT-29. It may seem that this is too modest an increase to mediate the substantial SN-38 resistance of HT-29S, but there are a number of factors that should be considered. To begin, the change in *BCL2* expression was measured at the gene level. The small increase in *BCL2* mRNA may be greatly amplified during translation to a much greater increase in Bcl-2 protein. It should also be noted that another study which observed the pro-survival effect of Bcl-2 during serum deprivation also saw only a very minor increase in Bcl-2 expression, even at the protein level¹²⁵. This as well as our own results is likely reflective of the nature of the Bcl-2 family; many pro- and anti-apoptotic proteins maintaining a delicate balance between cell survival and death. A small increase in an anti-apoptotic family member such as Bcl-2 may be sufficient to sway the balance towards survival, even in the face of significant cell stress.

The concept of Bcl-2 family balance raises another issue- the mere upregulation of *BCL2* expression does not necessarily prove a net anti-apoptotic effect. It is quite possible that there is a concomitant rise in the expression of one of the pro-apoptotic family members, cancelling out the upregulation of *BCL2* and leaving HT-29S no more protected against apoptosis than HT-29. To address this issue we could look further downstream in the apoptotic pathway by western blotting for markers of apoptosis induction, such as caspase 3 cleavage.

5.8 Sensitization to SN-38 by PI3K inhibition

If fibronectin and integrin $\alpha 5\beta 1$ are supporting HT-29S survival during chemotherapy with SN-38, then interfering with this signalling pathway should restore HT-29S sensitivity to the drug. Previous studies have successfully interfered with the fibronectin receptor's pro-survival functions by shutting down the downstream PI3K/Akt pathway¹²⁶, presumably at least

in part by inhibiting the expression of *BCL2*. By treating HT-29 and HT-29S with the small molecule PI3K inhibitor LY294002, we found that the response to SN-38 was enhanced in the resistant population but unchanged in the parental cells [fig. 4.10 and table 4.3], supporting our hypothesis that resistance in HT-29S is mediated by activation of the fibronectin-integrin $\alpha5\beta1$ signalling pathway outlined in fig. 1.4. The SN-38 IC₅₀ value for HT-29S changed from approximately 358 nM in the vehicle control group to 39.2 nM with 5 μ M LY294002 and 25.4 nM with 10 μ M LY294002 [table 4.3], indicating a dose-dependence to the sensitization. HT-29S cells treated with 10 μ M LY294002 were still more resistant to the drug than the parental cells, which had an IC₅₀ value of 5.01 nM in the control group. This may simply indicate that some PI3K/Akt activity remained after LY294002 treatment, and that a higher dose of the inhibitor may completely restore SN-38 sensitivity. We cannot exclude the possibility though that HT-29S cells have additional pro-survival mechanisms in place that act in concert with the fibronectin-integrin $\alpha5\beta1$ -PI3K/Akt pathway to resist the effects of SN-38. The doses of LY294002 were limited to 10 μ M because higher dose would be excessively toxic to the parental HT-29 cell line [fig. 4.09 and table 4.2].

5.9 Epithelial to mesenchymal transition in HT-29S

The conversion of an epithelial cell to a mesenchymal phenotype through an EMT occurs in a number of normal conditions including during embryonic development and wound healing (reviewed in ¹⁶³). Unfortunately, this process is also frequently co-opted by cancer cells and is associated with cancer aggression, invasiveness, and chemotherapy resistance¹⁶⁴⁻¹⁶⁶. The expression of the EMT-promoting genes *SNAI2*, *TWIST1*, and *ZEB2* are upregulated in the HT-29S cell line, suggesting that an EMT has occurred in these cells [fig. 4.11]. Furthermore, the upregulation of integrin $\alpha5$ in HT-29S is likely EMT-related, as the expression of two EMT

transcription factors that promote *ITGA5* transcription, *TWIST1* and *ZEB2*, are increased in our drug-resistant cell line^{144,145}. Interestingly, many of the pro-cancer effects of a Twist1-driven EMT, such as increased invasive and migratory abilities, have been demonstrated to be mediated through integrin $\alpha5$ -dependent activation of FAK and c-Jun N-terminal kinase (JNK)¹⁴⁵. It has also been reported that integrin $\alpha5\beta1$ will construct pericellular fibronectin matrices as part of an EMT program¹⁴³, much like the fibronectin matrices we observe in HT-29S spheroids.

Upregulation of *SNAI2* in HT-29S was the other significant change in EMT gene expression that we observed in this set of experiments. *SNAI2* encodes the transcription factor Slug which can also promote invasion and migration. Expression of *SNAI2* can be demonstrated to be driven by both fibronectin¹⁶⁷ and the PI3K/Akt pathway¹⁶⁸, which suggests that the fibronectin-integrin $\alpha5\beta1$ signalling axis described in HT-29S may also be responsible for driving *SNAI2* expression. This would not be entirely novel, as integrin $\alpha5\beta1$ has been previously been implicated to driving EMTs in other systems^{154,169} as have other integrins^{167,170}. To the best of our knowledge however, integrin $\alpha5\beta1$ has not previously been directly implicated in regulating *SNAI2* expression.

If an EMT has occurred in HT-29S, it likely has additional effects on their behaviour beyond promoting *ITGA5* transcription. EMTs are often considered an invasion and metastasis-enabling step in cancer progression¹⁶³, and so we may expect that our HT-29S cell line may be more aggressive than HT-29. In recent years however it has been demonstrated that multiple types of EMT are possible^{163,171} and that some of these may not coincide with increased migration¹⁷². Therefore, we expect that the presumed EMT in HT-29S likely has increased the aggression and metastatic potential of this cell line, in part due to an upregulation of integrin $\alpha5$, but this remains to be investigated. A combination of *in vitro* cell-based assays and animal

models should be performed to answer these questions. The changes in integrin expression in HT-29S and potential involvement of integrin $\alpha 5\beta 1$ in the EMT experienced by these cells suggest that any changes in migratory and invasive potential of these cells will be highly dependent on the ligands with which they are presented. Invasion and migration assays should therefore be performed with a variety of ECM substrates. Given the upregulation of integrin $\alpha 5\beta 1$ in HT-29S, it is reasonable to expect that fibronectin may uniquely promote invasion and migration of these cells.

It appears that an EMT program has occurred in HT-29S, and that through upregulation of *TWIST1* and *ZEB2*, it may have induced *ITGA5* expression. The $\alpha 5\beta 1$ receptor then mediates the construction and ligation to a fibronectin matrix, activating a pro-survival program that upregulates *BCL2* and possibly also *SNAI2* through PI3K/Akt activation. A residual question in this model is then what event initiated the EMT and induction of *TWIST1* and *ZEB2*.

Transcription of the *TWIST1* mRNA has been found to be driven by a number of factors, including steroid receptor coactivator 1 (SRC-1)¹⁷³, signal transducer and activator of transcription 3 (STAT3)¹⁷⁴, hypoxia-inducible factor 1 α (HIF-1 α)¹⁷⁵, or canonical wntless-type (Wnt) signalling¹⁷⁶. With so many transcriptional regulators involved, it is difficult to speculate on how the EMT process was initiated in HT-29S cells. Resolving the mechanisms of EMT induction in these cells will be an important goal in continuing the study of the SN-38 resistant phenotype. The proposed effects of the EMT in HT-29S cells are outlined in figure 5.2.

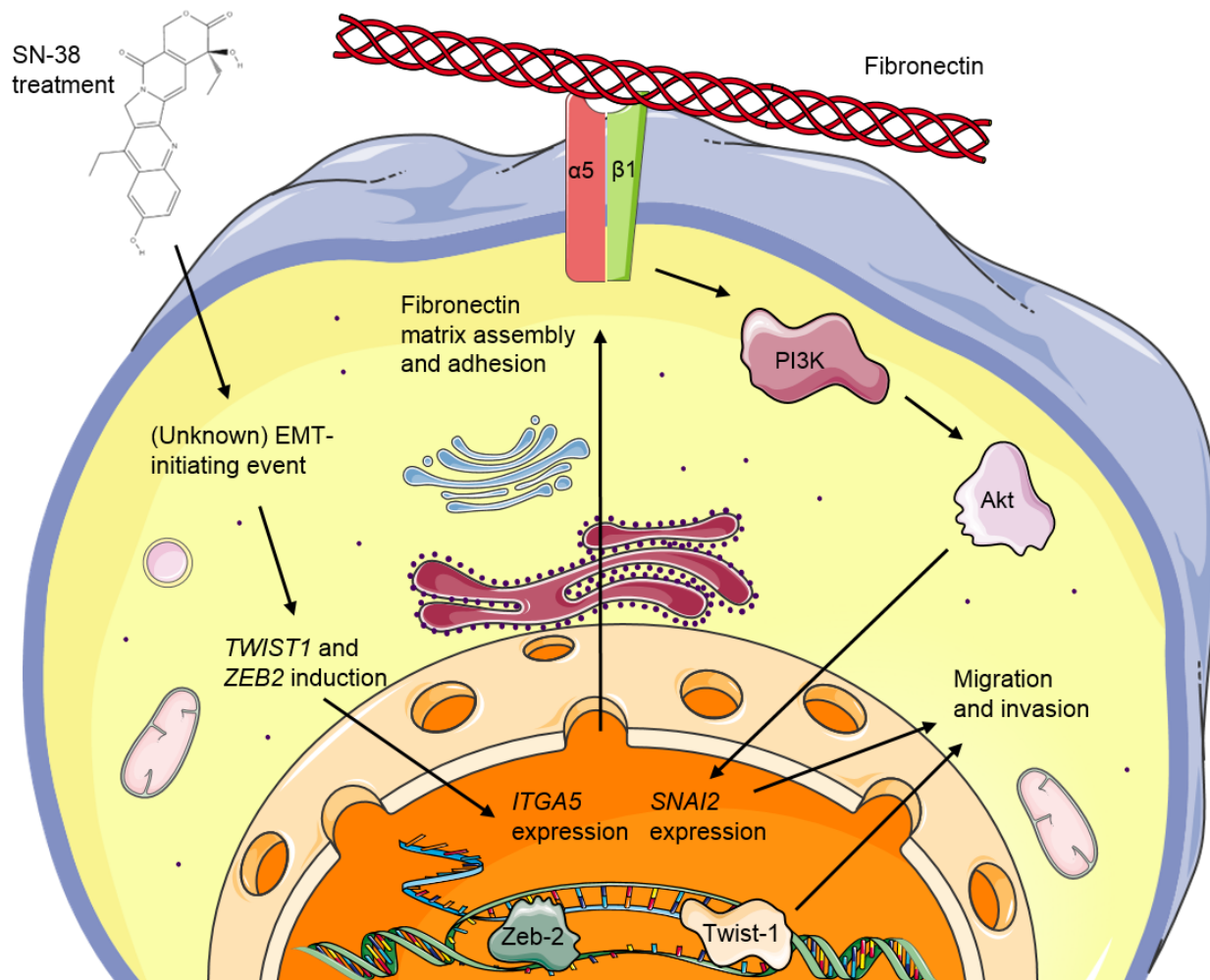


Figure 5.2: Proposed functions of EMT in HT-29S cells.

A possible role for the upregulation of the EMT genes *TWIST1*, *ZEB2*, and *SNAI2* induced by SN-38 in HT-29S, and their crossover with integrin $\alpha5\beta1$ activity.

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5.10 Limitations

A major limitation of the work described within this document is that it has been performed entirely *in vitro*. We cannot at this time be certain that the HT-29S cell line would retain its SN-38 resistance *in vivo*, and it should therefore be a priority going forward to study this cell line in mouse models. Doing so would also allow us to ask questions about how the

acquisition of drug resistance and in particular the EMT that HT-29S appears to have undergone have affected the aggression and metastatic capacity of this cell line.

We have compiled strong evidence but as of yet have not conclusively proven the role of integrin $\alpha 5$ in HT-29S resistance against SN-38. To do so we would need to either ectopically force the expression of the integrin in HT-29, or disrupt its expression in HT-29S. We have made several attempts at generating HT-29 transfectants either stably or transiently expressing a GFP-tagged integrin $\alpha 5$, however HT-29 is a notoriously difficult-to-transfect cell line and we have to date been unsuccessful. Our attempts at transfection have thus far been with the chemical agent X-tremeGENE HP DNA Transfection Reagent (Roche), however it may be necessary to attempt other means of transfection, such as lentiviral-mediated.

This resistance program was only studied in a single CRC cell line. Another SN-38 resistant cell line was created in parallel with HT-29S; HCT116-S derived from the CRC cell line HCT116. Despite also being highly resistant to SN-38, this cell line did not appear to share HT-29S's mechanism of resistance. HCT116-S instead appeared to resist the drug through an upregulation of the BCRP efflux pump. Although it would be interesting to see this same resistance mechanism replicated in other CRC cell lines, it is altogether not surprising there is variability in the mechanism of resistance. Cancers are a highly heterogeneous set of diseases, and even patients with the same primary tumour type may differ substantially at the cellular or genomic level. HT-29 and HCT116 differ in their cellular morphology, ploidy, p53 status, and many other traits. Some of the major differences between these cell lines are shown in table 5.1, with data from the American Type Culture Collection (ATCC) and a 2013 study on genetic features of CRC cell lines¹⁷⁷.

Table 5.1: HT-29 and HCT116 characteristics.

	HT-29	HCT-116
Origin	Primary CRC adenocarcinoma	Primary CRC carcinoma
Patient	44 year old male	48 year old female
Microsatellite status	Stable	Unstable
Modal Chromosome Number	71	45
<i>BRAF</i>	V600E	Wild-type
<i>KRAS</i>	Wild-type	G13D
<i>PIK3CA</i>	P449T	H1047R
<i>TP53</i>	R273H	Wild-type

5.11 Significance of the work

The contribution of integrin $\alpha 5$ to cancer progression has historically been controversial, with either pro- and anti-cancer functions being ascribed to the $\alpha 5\beta 1$ receptor. Even recent studies that are specifically on CRC report conflicting data, with integrin $\alpha 5$ expression both increasing and decreasing during cancer progression^{110,112}. Our demonstration of integrin $\alpha 5$ contributing to acquired SN-38 resistance through a CAM-DR mechanism provides support to the pro-CRC role for this protein, and does so in the context of a disease progression model that is relevant to human patients undergoing therapy. Interestingly, we also observed the reduced proliferation rate observed in other studies as a presumed anti-cancer effect of integrin $\alpha 5\beta 1$ ^{106,108}. We argue that this reduced proliferation rate should be considered, at most, a small cost in overall cell population vigour for the acquisition of drug resistance. In fact, a transient reduced proliferation rate during chemotherapy treatment may have a pro-tumour effect, as the majority of our traditional chemotherapy agents target the unregulated proliferation of cancer

cells. When the selective pressure of the chemotherapy is removed, the cancer might downregulate integrin $\alpha 5$ expression and resume its rapid growth. This fits well with patients who experience cancer recurrence several months or even years after chemotherapy.

Although several integrin $\alpha 5\beta 1$ inhibitors are currently being developed and clinically tested, they are uniformly being proposed as anti-angiogenic agents. The role of integrin $\alpha 5\beta 1$ in angiogenesis is well established and angiogenesis is a well-validated target in CRC, however our results suggest that integrin $\alpha 5\beta 1$'s role in cancer is not limited to angiogenesis. Ongoing preclinical and clinical studies with integrin $\alpha 5\beta 1$ inhibitors should focus on determining if there is any additional benefit, beyond the anti-angiogenic effect, of integrin $\alpha 5\beta 1$ inhibition in advanced CRC patients who have already failed chemotherapy with irinotecan. Such studies should combine integrin $\alpha 5\beta 1$ inhibitors with irinotecan or other chemotherapy agents, as our results indicate that inhibition of the fibronectin-integrin $\alpha 5\beta 1$ pathway without additional chemotherapy will be ineffective in reducing viability of CRC cells that have upregulated integrin $\alpha 5$ [fig. 4.10 and table 4.3].

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Appendix

A.1 Buffers

Table A.1: RIPA buffer

NaCl	150 mM
Tris-HCl	50 mM
Triton X-100	1%
Na-deoxycholate	0.5%
SDS	0.1%
EDTA	1 mM
MilliQ H₂O	
pH 7.4	

Table A.2: PBS

NaCl	1370 mM
KCl	27 mM
Na₂HPO₄	100 mM
KH₂PO₄	18 mM
MilliQ H₂O	
pH 7.4	

**Table A.3: 4X NuPAGE LDS
Sample Buffer (Life Technologies)**

Tris-HCl	106 mM
Tris base	141 mM
Lithium dodecyl sulfate (LDS)	2%
Glycerol	10%
EDTA	0.51 mM
SERVA Blue G250	0.22 mM
Phenol red	0.175 mM
pH 8.5	

Table A.4: Running buffer

Glycine	192 mM
Tris base	25 mM
SDS	0.1%
MilliQ H₂O	

Table A.5: Polyacrylamide resolving

Acrylamide/bisacrylamide	8%
Tris-HCl, pH 8.8	0.4 M
SDS	0.10%
Ammonium persulfate	0.05%
TEMED	0.07%
MilliQ H₂O	

Table A.6: Polyacrylamide stacking gel

Acrylamide/bisacrylamide	4%
Tris-HCl, pH 6.8	0.13 M
SDS	0.1%
Ammonium persulfate	0.05%
TEMED	0.1%
MilliQ H₂O	

Table A.7: Transfer buffer

Glycine	192 mM
Tris base	25 mM
MeOH	20%
MilliQ H₂O	

Table A.8: TBS-T

Tris base	50 mM
NaCl	150 mM
Tween-20	0.2%
MilliQ H₂O	
pH to 7.6	

Table A.9: 3.7% PFA

PFA	3.7 mg
MilliQ H₂O	9 mL
5 N NaOH	20 μ L
10X PBS	1 mL
5 N HCl	20 μ L

Combine PFA and MilliQ. Add NaOH to assist in solubilisation, and stir with gentle heating. Add 10X PBS. Once PFA is fully dissolved, add HCl to neutralize the NaOH.

Table A.10: PBS with Ca²⁺ and

NaCl	1370 mM
KCl	27 mM
Na₂HPO₄	100 mM
KH₂PO₄	18 mM
CaCl₂·2H₂O	1 mM
MgCl₂·6H₂O	0.5 mM
MilliQ H₂O	
pH 7.4	

Table A.11: Acid alcohol

Ethanol	70%
Concentrated HCl	1%
MilliQ H₂O	

Table A.12: Scot's tap water

KHCO₃	20 mM
Mg₂SO₄	166 mM
Distilled H₂O	

A.2 Antibody information

Table A.13: Primary Antibodies

Target	Clonality	Host Species	Application	Manufacturer
Akt	C67E7	Rabbit	Western blot	Cell Signalling
Akt p-Ser473	D9E	Rabbit	Western blot	Cell Signalling
Akt p-Thr308	D25E6	Rabbit	Western blot	Cell Signalling
Fibronectin	F1	Rabbit	Immunofluorescence	Abcam
Integrin α4	D2E1	Rabbit	Western blot	Cell Signalling
Integrin α5	Polyclonal #4705	Rabbit	Western blot, immunofluorescence	Cell Signalling
Integrin α6	Polyclonal #4750	Rabbit	Western blot	Cell Signalling
Integrin α9β1	Y9A2	Mouse	Western blot, immunofluorescence	Abcam
Integrin αV	Polyclonal #4711	Rabbit	Western blot	Cell Signalling
Integrin β1	D2E5	Rabbit	Western blot	Cell Signalling
Integrin β3	D7X3P	Rabbit	Western blot	Cell Signalling
Integrin β4	Polyclonal #4707	Rabbit	Western blot	Cell Signalling
Integrin β5	D24A5	Rabbit	Western blot	Cell Signalling

Table A.14: Loading control, secondary, and isotype antibodies

Target	Clonality	Host Species	Application	Manufacturer	Conjugate
GAPDH	1 E6 D9	Mouse	Western blot	Proteintech	HRP
None	DA1E	Rabbit	Immunofluorescence (isotype)	Cell signalling	None
Rabbit IgG	Polyclonal A-11034	Donkey	Immunofluorescence	Life Technologies	Alexa Fluor 488
Rabbit IgG	Polyclonal #7074	Goat	Western blot	Cell Signalling	HRP

A.3 Primer information

Table A.15: Primers

Gene	Orientation	Sequence (5' to 3')	Primer length (nt)	Amplicon size (nt)	Exon-Exon junction?	Reference
<i>BCL2</i>	Forward	ACACCAGAAATCAAGTGTCCG	21	273	No	Designed by SB
	Reverse	ACATCTCCCGCATCCCACT	19		No	
<i>ITGA5</i>	Forward	AAGTGTGGGGAGCAGAAACC	21	160	Yes	Designed by SB
	Reverse	CCTGGGTGCTGACGAGTC	19		No	
<i>JUP</i>	Forward	CCCCATACTCAGTAGCCA	18	245	Yes	Designed by MC
	Reverse	CTGGTACTCCAGATCACCT	19		Yes (2 nt only)	
<i>RPL27</i>	Forward	ATGCCAAAGAGATCAAAGATAA	22	123	No	de Jonge H, e898, 2007
	Reverse	TCTGAAGACATCCTTATTGACG	22		No	
<i>SNAI1</i>	Forward	ACCCCAATCGGAAGCCTAAC	20	65	No	Designed by SB
	Reverse	CTGCTGGAAGGTAAACTCTGG	21		Yes	
<i>SNAI2</i>	Forward	CACATACAGTATTATTTCCCC	22	256	Yes	Designed by MC
	Reverse	TCATCACTAATGGGGCTTTC	20		No	
<i>TJP1</i>	Forward	CCCCGTGGAGAAGACC	16	255	No	Designed by MC
	Reverse	CTCCATTGCTGTGCTCTTG	19		Yes (4 nt only)	
<i> Twist1</i>	Forward	CGGAGACCTAGATGTCATTG	20	237	Yes	Designed by MC
	Reverse	CAGAAATGCAGAGGGTGTGAG	19		No	
<i>VIM</i>	Forward	GATGGACAGGTTATCAACGA	20	220	Yes	Designed by MC
	Reverse	AAATCTTGTAGGAGTGTCGG	20		No	
<i>ZEB1</i>	Forward	GGGAATGCTAAGAAGTCTG	20	269	No	Designed by MC
	Reverse	GCATCTGGTGTCCCATTTTCAT	22		Yes	
<i>ZEB2</i>	Forward	AAGAAAATGACCTGCCACCTG	21	106	Yes	Designed by SB
	Reverse	ATGTGCTCCTTCAGTGATGTC	21		No	

Table A.16: Primer design characteristics

	Ideal Primer Characteristics
Melting Temperature	As close to 60°C as possible
Amplicon Length	50-200 base pairs
GC Content (%)	30-80. Avoid GC rich stretches
3' Terminus	No more than 2 G or C in the last 5 bps
Runs	Avoid runs of >4 identical bases (especially G)
Position	One primer in each pair must span an exon-exon junction
Splice variants	Picks up all variants with equal-sized amplicons
Single Nucleotide Polymorphism (SNP)	Avoid SNPs within primer-binding sequences
Hairpin Formation	$\Delta G > -2$ kCal/mol
Homodimer formation	Internal: $\Delta G > -6$ kCal/mol 3' Terminus: $\Delta G > -5$ kCal/mol
Heterodimer formation	Internal: $\Delta G > -6$ kCal/mol 3' Terminus: $\Delta G > -5$ kCal/mol